

1 Genomic and geographical structure in Human Cytomegalovirus

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39 **Abstract**

40 Human cytomegalovirus (CMV) has infected humans since the origin of our species and currently
41 infects most of the world's population. Variability between CMV genomes is the highest of any
42 human herpesvirus, yet large portions of the genome are conserved. Here we show that the genome
43 encodes 74 regions of relatively high variability each with 2-8 alleles. We then identified two
44 patterns in the CMV genome. Conserved parts of the genome and a minority (32) of variable regions
45 show geographic population structure with evidence for African or European clustering, although
46 hybrid strains are present. We find no evidence that geographic segregation has been driven by host
47 immune pressure affecting known antigenic sites. Forty-two variable regions show no geographical
48 structure, with similar allele distributions across different continental populations. These "non-
49 geographical" regions are significantly enriched for genes encoding immunomodulatory functions
50 suggesting a core functional importance. We hypothesise that at least two CMV founder populations
51 account for the geographical differences that are largely seen in the conserved portions of the
52 genome, although the timing of separation and direction of spread between the two is not clear. In
53 contrast, the similar allele frequencies among 42 variable regions of the genome, irrespective of
54 geographical origin, is indicative of a second evolutionary process, namely balancing selection that
55 may preserve properties critical to CMV biological function. Given that genetic differences between
56 CMV viruses are postulated to alter immunogenicity and potentially function, understanding these
57 two evolutionary processes could contribute important information for the development of globally
58 effective vaccines and the identification of novel drug targets.

59

60 **Significance statement**

61

62 CMV genome diversity is higher than other human herpesvirus, and recombination is pervasive.
63 Here, using Hidden Markov modelling, we describe 74 multi-allelic regions, with the remaining 86%
64 of the genome showing lower variability, albeit with single nucleotide polymorphisms. We
65 demonstrate for the first time that CMV diversity is influenced by two distinct evolutionary forces. A
66 founder effect results in geographical segregation affecting the regions of low variability and 32
67 variable regions. In contrast, the 42 remaining regions, which are enriched for immunomodulatory
68 functions, show so-called balancing selection, resulting in maintenance of equal allele frequencies

69 irrespective of geography. These new insights into CMV evolution are likely to provide insights in
70 virus biology and inform the development of drugs and global vaccines.

71

72 **Introduction**

73 Human cytomegalovirus (CMV) is a member of the *Betaherpesvirinae* that infects circa 66% to 90%
74 of adults in any given country (1). Like all human herpesviruses, CMV is a linear double-stranded
75 DNA virus that causes lifelong latent infection by establishing latency in long-lived cell populations,
76 and periodically reactivates resulting in lytic viral replication (2, 3). CMV causes significant burden of
77 disease in those with compromised immune systems (4), and is also the most common infectious
78 cause of congenital disability worldwide (5). Because of this, developing a vaccine is a high public
79 health priority (6).

80 At approximately 236 kb, CMV has the largest genome of all human herpesviruses (7) and the
81 highest level of genetic diversity of all the known human herpesviruses (8, 9). The virus is known to
82 readily undergo recombination (10, 11), and co-infection is frequently observed, especially in
83 individuals with weakened immune systems (12). Most of the observed CMV diversity occurs in
84 discrete hypervariable regions where sequences cluster into genotypes also known as alleles (13,
85 14). In some hypervariable genes, e.g. UL55 (glycoprotein B, gB), alleles have been defined (15) and
86 used alone or in combination with other multi-allelic regions to genotype CMV and identify mixed
87 infections (16, 17). However, attempts to correlate individual alleles with transmission and
88 pathogenesis have so far been unclear or contradictory (14, 18–24).

89 Despite the efforts to define CMV diversity, our understanding of the evolutionary history that led to
90 its present variation and whether this variability follows a global pattern is limited. CMV, like other
91 herpesviruses, shows remarkable species-specificity, which results from long-term co-evolution and
92 adaptation to the host (25, 26). In contrast, unlike other herpesviruses, human CMV (HCMV) whole
93 genomes from clinical samples show little evidence of geographical or other population structure,
94 with the exception of two Asian genomes that have been shown to cluster phylogenetically (10, 11).
95 This, together with the absence of data from ancient CMV genomes, makes for uncertainty as to
96 when and how current HCMV diversity evolved.

97 To better understand CMV genomic structure and how it has evolved, we employed Hidden Markov
98 Model (HMM) clustering to delineate the hypervariable and conserved regions across a global and
99 diverse dataset of published and unpublished CMV genomes, which together represent unrelated
100 clinical and low-passage strains (27–29). HMM is able to determine the number of sequence clusters
101 (i.e. alleles) that best explain the diversity across CMV genomes and to identify regions where
102 multiple alleles are present. Using the outputs of the model we describe precise co-ordinates for

103 regions of multi-allelic variability, some of which are novel. We also show, for the first time, that
104 CMV genomes do display geographic population structure and that this is particularly clear within
105 the relatively conserved monoallelic regions of the genomes. We highlight examples of where our
106 approach can help to provide insights for further research into questions of viral pathogenesis and
107 ancient evolution.

108

109 **Results**

110 **CMV diversity and population structure is determined by 74 discrete multi-allelic regions**

111 We compiled a set of 259 CMV whole genome sequences which had been collected worldwide
112 (Supplementary figure 1, full details are shown in Dataset S1). 233 sequences were retrieved from
113 GenBank (30) with available metadata for 106. Of these 106, 35 were from patients who were
114 immunocompromised through HIV, organ, or bone marrow transplant and 71 were from immune-
115 competent individuals (of whom 60 were congenitally infected babies). Short read data were
116 available for 17 samples allowing us to check for mixed infections. Nine samples contained only a
117 single CMV strain, of which five were from HIV-positive and CMV-positive mothers and four were
118 immuno-competent children (primary infection or sibling). Eight samples showed evidence of
119 multiple strains for which we reconstructed the haplotypes (17 sequences in total) with validated
120 methods (8, 31). All eight samples came from HIV-positive mothers with CMV infection (8, 32).

121 Most genomes were derived from virus obtained in Europe and the Middle East (n=216, including
122 Belgium, Czech Republic, France, Germany, Greece, Italy, Netherlands, United Kingdom, and Israel).
123 As Israeli genomes appeared as if European in analyses, and the migratory history of the country is
124 complex, we have labelled Israeli sampled genomes as European for simplicity. 30 sequences
125 (including the reconstructed haplotypes) were from samples collected in Africa (Zambia, Kenya and
126 Uganda) (17) (32–34). The remaining sequences were collected in other parts of the world: 11 from
127 the United States (America); 2 from Asia (China and South Korea) and 1 from Australia (Oceania).

128 To characterise CMV genomic diversity we first aligned the genomes and then calculated
129 heterozygosity along a sliding window of 50 base pairs (bp) (Track1 in red, Figure 1). This revealed
130 that while most of the genome is highly conserved there are regions of significant nucleotide
131 diversity, some of which have previously been described (35, 36). Aligning HCMV genomes in these
132 hypervariable regions is challenging and leads to numerous gaps in alignments that are often
133 ignored in phylogenetic and genetic distance calculations. To deal with the complexity of CMV
134 genomes alignment in these regions, we developed a sequence clustering method based on Hidden
135 Markov Model called “HMMcluster”. This approach is unaffected by gaps and it groups together
136 sequences based on the statistical likelihood that they came from the same underlying source. The

137 genome-wide implementation has two steps: in the first (1) a fixed window is defined (in this case
138 200bp, chosen as it returned regions no smaller than 20bp) and the model calculates the minimum
139 number of sequence clusters (alleles) that best explain the diversity within the window (37). The
140 second step (2) concatenates contiguous windows of sequence variation, and it refines the
141 coordinates for a “variable region”. Variable regions with multiple alleles are defined as “multi-
142 allelic”.

143 From this we identified 74 discrete variable regions for which the model provided statistical support
144 for the presence of more than one allele (Track 3 in blue - Figure 1, Table S1, Table S2). These multi-
145 allelic regions range in size from 26 to 4760 nucleotides, encompassing 14% of the genome (Figure 1,
146 Table S1). The remaining 86% of the genome was found to be highly conserved with no statistical
147 support for multiple alleles. Whilst multi-allelic regions generally occur in regions of high nucleotide
148 diversity, some, generally smaller in size and with fewer segregating Single Nucleotide
149 Polymorphisms (SNPs), were found in regions of otherwise lower nucleotide diversity. The 74 multi-
150 allelic regions were not constrained to known coding regions and encompass the previously
151 documented 12 hypervariable genes (7). Fifty-two of the regions were each contained entirely
152 within a single gene, 17 crossed gene boundaries by either spanning the gap between two genes or
153 extending beyond a gene terminus into non-coding regions, and 5 regions were entirely in non-
154 coding or otherwise unassigned portions of the genome.

155

156 To characterise the evolutionary relationships between the alleles within each multi-allelic region we
157 constructed maximum likelihood phylogenetic trees for each of the multi-allelic regions, excluding
158 10 with evidence of recombination breakpoints (Table 1 and Supplementary figure 2). For the
159 remaining 64/74 we observed that multi-allelic regions consisted of well separated clades
160 representing HMMcluster supported alleles, whereas reconstructed phylogenies of similarly sized
161 conserved regions tended to show poorly resolved clades with low bootstrap support for key central
162 nodes (Figure 2). Genetic variation in multi-allelic regions were as much as an order of magnitude
163 greater than comparably sized conserved genome portions (Figure 2). Well separated clades with
164 restricted recombination have been identified previously in CMV hypervariable regions and are
165 thought to represent an inability of homologous strands to anneal, supporting the development of
166 population structure within those loci (11).

167

168 **European and African whole genomes display geographical population structure**

169 To examine the relationship between CMV strains we first analysed whole genomes by the
170 geographical region (continent) in which they were sampled. Geographical segregation of genomes

171 is well described for other herpesviruses (38–41). Because CMV is known to be highly recombinant
172 such that accurately reconstructing phylogenetic relationships and tree topology become
173 problematic, we initially used Multi Dimensions Scaling (MDS) to analyse the genomes (Figure 3) as
174 dimensionality reduction techniques simply represent “closeness” of sequences and have been able
175 to derive representations of genetic data resembling their geographic ancestry (42, 43). The
176 resulting clustering pattern showed geographic segregation of whole genomes in the second most
177 important dimension (component 2, Supplementary Figure 3) with those sampled in Africa clustering
178 away from most sequences sampled in Europe. Two sequences sampled in Asia were located
179 amongst the European sequences (Figure 3). MDS components 1, 3 and 4 which represent large
180 variance in the data were uninformative with respect to geographical segregation of whole
181 genomes.

182 This geographical split was corroborated by a phylogenetic network tree, which allows
183 representations of shared recombination events as network splits (Supplementary Figure 4).
184 Sequences sampled in the Americas (all from the USA) were distributed throughout the plot. The
185 single sequence from Oceania (Australia) appeared to resemble sequences sampled in Europe. A
186 minority of sequences sampled in Europe clustered with sequences sampled in Africa, but not vice
187 versa (Figure 3). To examine this in more detail, we made use of a separate set of CMV genomes
188 from a cohort of CMV seropositive solid organ transplant recipients (n=11, Dataset S2) with available
189 self-reported ethnicity data, all of whom were sampled in the UK (44). Performing MDS of these
190 sequences along with the European, African, and Asian sampled CMV showed that CMV from
191 transplant recipients of self-reported African and Afro-Caribbean origin but sampled in the UK
192 clustered predominantly with strains sampled in Africa, and separately from UK patients of non-
193 African origin (Supplementary Figure 5). This suggests that sequences cluster by host ancestry rather
194 than simply by sampling location. The few European sampled strains that clustered with the bulk of
195 African samples sequences are therefore likely to be from individuals of African ancestry. Our
196 findings contrast with previously published results that failed to identify CMV population structure
197 related to geographical origin in partial genomes (45, 46) or a subset of highly heterogenous whole
198 genomes (11), although the two published Asian sequences have been noted as tightly clustering in
199 an analysis of whole genomes (10).

200

201 **Conserved and multi-allelic genomic regions show distinct patterns of phylogeography**

202 Because of potential differences in evolutionary histories between conserved and multi-allelic
203 regions we next analysed these separately for geographic structure. MDS of the concatenated
204 conserved genomes (concatenome) showed more distinct separation between viruses of African and

205 European origin than the whole genome sequences, as well as clearer segregation of the Asian CMV
206 viruses (Figure 3; Supplementary Figures 4 and 5). In contrast, multi-allelic regions when
207 concatenated appeared to show minimal geographic clustering. We quantified the differences
208 between African and European populations in conserved regions using Fixation Index (Fst) which
209 compares diversity within and between different populations. As Fst can be biased if sample sizes
210 vary between populations (47), we randomly chose 30 African-sampled and 30 European-sampled
211 sequences. The continent labels were then randomly scrambled to generate a null hypothesis Fst
212 and both steps were repeated 10,000 times to obtain true and null Fst distributions (Supplementary
213 Figure 6).

214 The results showed that the conserved regions in the CMV genome encode clear geographic
215 (continental) differences, with a mean Fst of 0.21 (a 423% increase on the mean null Fst). Fst of the
216 concatenated multi-allelic regions was relatively weaker at 0.097, which is only a 194% increase on
217 the mean null Fst. While both Fst values were significantly different to their respective null
218 distributions (both Mann Whitney test p-values < 0.0005.), geographic signal appears to be more
219 enriched (423% vs 194%) for the conserved regions of the CMV genome.

220

221 **Admixture model-based estimation of ancestry supports continental population structure**

222 To further examine the segregation of conserved genomic sequences by continent and to use a
223 model based approach to complement the visual MDS and network phylogeny, we undertook an
224 admixture analysis which attempts to infer the ancestral lineages and the contributions from each
225 that gave rise to a set of modern sequences (Figure 4) (48). Admixture analyses, like dimensionality
226 reduction, can also be skewed by large sample sizes differences between groups and by
227 heterologous sampling methodology between groups (49). To account for the former, we randomly
228 subsampled to generate more proportionate sample sizes per continent (30 European, 30 African
229 and both Asian sequences), then calculated the Cross Validation Error (CVE) for K=1 through 10. This
230 was repeated for 1000 random sample draws.

231 Two lineages (K=2), one African and one Eurasian were found to be the consensus result from the 10
232 lowest error models (Figure 4A and Supplementary figure 7A). CMV sequences sampled in Africa
233 from individuals of African ancestry, were clearly identified by the model as being part of this African
234 lineage, with no hint of admixing and vice versa for white Europeans. Few sequences sampled in
235 Europe were assigned strongly to the African lineage but in the MDS these are likely explained as
236 being sampled from ethnic African individuals in Europe (Figure 3A, 4B; Supplementary Figure 5).
237 Many sequences also appeared as admixes and correspond well with those sequences that lie
238 between the clusters of African and European in the MDS.

239 For a minority of subsampling replicates there was a random skew toward sampling more Asian-like
240 CMV sequences and in three replicates the optimal model was K=3 clusters (Supplementary figure
241 7). Although the current data is best explained by two ancestral genomes (K=2), the few Asian
242 sequences (n=2), although clustering together will not change the admixture result for most
243 replicates (49). Notwithstanding, there was also clustering of two Asian CMV conserved
244 concatenomes from UK patients of self-reported Asian ethnicity (Supplementary Figure 5 and
245 Dataset S2) with the two Asian-origin GenBank sequences making it likely that, with more genomes
246 three ancestral sequences (K=3) may turn out to better represent the data.

247 To overcome the complexity of sample origin not necessarily reflecting virus ancestry (i.e. human
248 migration) and to allow better delineation of population differences between African and European
249 CMV lineages, we limited further analyses to “archetypal” sequences from each continent.
250 Archetypal sequences were defined as those with >90% admixture proportion to a single ancestral
251 cluster using the conserved concatenome data, in the lowest error k=3 model. Using this definition,
252 we identified 42 strains (12 of which were sampled in Europe) of archetypal African ancestry and 129
253 of archetypal European viral ancestry, which includes the reference strain Merlin. Four CMV
254 sequences were identified as of archetypal Asian ancestry (2 of which were sampled in Europe from
255 subjects with self-reported Asian ancestry).

256

257 **Geographic signal is consistent across the conserved regions and sequences between continental** 258 **clusters have random patterns ruling out recent recombination**

259 To understand how the geographic signal is ordered across the viral genome we identified the loci
260 within the conserved concatenome with high (>0.5) F_{st} values, i.e. which showed the most
261 distinction between African and European strains. To provide a visual representation of the
262 continent of origin for each strain, we coloured high F_{st} value African nucleotides present at
263 consensus (>50%) in archetypal African strains red and high F_{st} value European nucleotides present
264 at consensus (>50%) in archetypal European strains, blue. Sites which were not present at
265 consensus in either archetypal African or European strains were coloured (black) (Supplementary
266 Figure 8). In the archetypal African or European subset, sequences were overwhelmingly
267 represented by the base most common to their continent. Moreover, where an African consensus
268 base appears in an archetypal European strain, or vice versa this appeared to be largely random.
269 Sequences not archetypal of these three continents had complex, although apparently non-random
270 patterns of admixture.

271

272 **Multi-allelic genomic regions represent a mixture of geographic relationships**

273 We next examined the apparent but weaker geographical segregation of the 74 multi-allelic regions
274 between African and European populations. As the multi-allelic regions each contain variable
275 numbers of alleles and are of different lengths, we considered each of the 74 regions separately. We
276 performed chi squared tests with allele distributions to evaluate whether multi-allelic regions
277 segregated with archetypal African or archetypal European strains. The results revealed strong
278 geographic distribution of alleles for 32 of the 74 regions (Table S1, we calculated false discovery
279 rate, FDR, using the Benjamini-Hochberg procedure and we set the FDR threshold at 0.05) (50),
280 while five showed more moderate geographic differences ($0.05 < \text{FDR} < 0.3$; Table S1) with the rest
281 showing no evidence of geographical segregation. Colouring African dominant alleles red and
282 European-dominant alleles blue (as defined above) for the 32 multi-allelic regions that segregated
283 geographically we observe a similar pattern to that seen for the conserved regions, with African
284 strains largely red and European strains largely blue (Supplementary Figure 8, C and D).

285

286 **Host Immune mediated selection is not obviously responsible for driving geographic segregation** 287 **of African and European strains**

288 To assess whether the geographic population structure observed in conserved regions of the CMV
289 genome was due to differences in the selective pressures exerted by different host populations, we
290 looked at the 440 most geographically informative sites ($F_{st} > 0.5$) within the archetypal subsets of
291 European and African strains. We asked how many of these sites resulted in a different continental
292 consensus amino acid between African and European sequences and, if so, whether the change
293 occurred within known B and T cell epitopes, as recorded in the Immune Epitope DataBase (IEDB)
294 (51). Only 15% (64) of the 440 sites encoded nonsynonymous changes. Of these, 16% (10 of 64) lay
295 within known epitopes, compared with 14% (52 of 376) of synonymous sites, providing little
296 evidence that geographic population structure in CMV is driven by continentally unique host
297 immune pressure.

298

299 **Alleles in immunomodulatory genes tend to maintain similar diversity across continents**

300 We next tested whether certain gene functions were over-represented in three classes of genomic
301 regions: conserved, geographically segregating multi-allelic, and non-geographically segregating
302 multi-allelic regions. To do this we identified the genes lying within each region class and annotated
303 their function, using three predefined functional groups from a published gene-ontology [Latency,
304 Tropism and Immunomodulation] (52). We then determined whether key functional groups were
305 significantly over/under-represented by region class (Supplementary Figure 9). We found the 74
306 multi-allelic regions together were significantly enriched for genes encoding immunomodulatory

307 functions with the proportion of genes with immunomodulatory function of 0.371 (37.1%) where for
308 all genes this proportion is 0.206 (FDR= 0.0096). This enrichment was clearer still if only the 42 multi-
309 allelic regions with no evidence of geographical segregation were considered (39.1%, FDR=0.014).
310 No other comparison was significant.

311

312 **Geographic and multi-allelic genetic differences may impact biological function**

313 One interesting application of studying multi-allelic regions is the possible association between
314 different alleles, and function. To illustrate this, we investigated glycoprotein B (gB, UL55) as an
315 example. The reference strain Towne has been extensively used to develop vaccines and to study
316 CMV immunogenicity and function (53) and its gB protein variant has been the basis for many
317 vaccine candidates [54]. From the admixture analysis we identified Towne as being 79% African,
318 while two other common reference strains AD169 and Merlin were 75% and 99% European
319 respectively. gB (UL55) sequence is composed of 3 separated multi-allelic regions (22, 23 and 24 in
320 Table S1) which are linked (Monte Carlo chi square $p < 0.001$) in 12 possible combinations or
321 haplotypes. In addition to showing geographically informative genetic differences from European
322 strains in its conserved regions, Towne gB also differs in the sequence of its multi-allelic regions
323 sharing the same 22,23,24 (UL55) haplotype as only 4% of the 259 CMV genomes sequenced here
324 (Supplementary Figure 10). By contrast, the Merlin multi-allelic region 22,23,24 (UL55) haplotype is
325 shared with 32% and AD169 with 20% of the 259 genomes. Genetic differences in gB (UL55) have
326 been mooted to underlie observed differences in cross-strain neutralisation by antibodies raised
327 against one strain (55, 56). In general, immunotherapies and drug development targeting CMV that
328 rely on alleles that differ across geographic isolates, may now require further investigation as to
329 whether treatment effect will be advantageous to only certain human populations.

330

331 **Discussion**

332 We have characterised the variability present in whole CMV genome sequences, including several
333 known to be of African origin identifying both known hypervariable regions and over 40 which have
334 not previously identified (10, 11, 13, 16, 57). Altogether we describe 74 hypervariable regions
335 comprising 14% of the genome, all of which are multi-allelic. The remaining 86% of the genome is
336 monoallelic and at least ten times less variable than the multi-allelic regions. While previous reports
337 have identified around 30 multi-allelic hypervariable regions, they identified them by the gene in
338 which they were located, despite in many cases, much of the gene concerned not being
339 hypervariable and thus subject to different constraints on recombination and diversity. In contrast,
340 our data precisely delineates the nucleotide coordinates of variable and conserved regions, using an

341 unbiassed and consistent assignment model. This has allowed the identification of 17 multi-allelic
342 regions that cross gene boundaries and 5 are entirely in non-coding or in otherwise unassigned. For
343 each of the 74 regions, our statistical approach also returns the number of alleles that most
344 parsimoniously fit the data, leading to between 2 and 8 alleles per region (Table S1). In some cases,
345 for example UL146 and UL144 , the number of alleles we identify differs from previous numbers
346 reported (58, 59). However, previous estimates were determined largely by visual inspection of
347 whole-gene phylogenetic trees, a process which resulted in differences in reported allele numbers
348 not only from us but between other authors (for example for UL55), with, on occasion some alleles
349 not being reliably distinguishable (16, 60–62). The objective mathematical approach we have
350 adopted provides clear and reproducible multi-allelic region boundaries and allele numbers,
351 properties which will have advantages for standardising genotyping nomenclature.

352 In contrast to previous reports (10, 11) we observe clear geographical segregation of CMV genomes
353 with evidence for African, European, mixed and possibly Asian genotypes. From an evolutionary
354 viewpoint, geographical segregation of genomes is well described for other human herpesviruses
355 including herpes simplex virus (HSV-1), varicella zoster virus (VZV) and Epstein Barr virus (EBV) (38–
356 41, 63) and is therefore not surprising for CMV. Our data suggest that most geographically
357 informative SNPs in CMV are in the monoallelic genomic portions and like the rest of the genome
358 are under purifying selection (10). Unlike EBV, in which host immune selection drives local
359 adaptation of virus to different human host populations, shaping the pattern of genetic diversity
360 (64), we find no evidence that selection within immunogenic regions of the genome are a dominant
361 driver of the observed genetic geographical differences. Instead, we postulate that genetic drift and
362 bottleneck events such as founder viruses are plausible explanations for the population structure
363 observed in CMV. If this is the case, there remains some difficulty in establishing the direction and
364 date of split for European and African CMV populations, due to the low association between
365 sampling date and distance from phylogenetic tree root and a mutation rate that has proven difficult
366 to determine for double-stranded DNA viruses (65). The difficulty in determining mutations rates is
367 likely to be, in part, a result of CMV's longstanding free recombination within these geographically
368 isolated pockets. As 13 multi-allelic regions were found to contain alleles unique to Europe while the
369 opposite was not seen for African viruses, this could be taken as evidence supporting a European
370 origin of CMV, where Africa has restricted diversity. However, this is likely more simply explained as
371 an artefact of the differences in size and sampling heterogeneity of our available genomes.

372 The finding of African-clustering CMV strains in patients self-reporting as being of Afro-Caribbean
373 ethnicity, many of whom presumably have not lived in Africa can potentially be explained by early
374 acquisition of CMV from family members and by assortative mating of racial groups. A similar effect

375 has been observed for VZV in subjects of Afro-Caribbean origin growing up in the UK (41). In African
376 countries most children are CMV positive by their first birthday (33, 66, 67). Early Infection, most
377 likely acquired from maternal or sibling transmission (68) may explain why subjects of African origin
378 living in Europe test positive for strains that cluster with known African strains. This would date the
379 split of African and European CMV strains to at least 500 years ago, the time at which the first
380 African slaves were transported to Europe (69). Although the actual separation is likely to be much
381 older given even the highest estimates of CMV's mutation rate (70), or borrowing from rates
382 presumably more accurately estimated for a similar virus, HSV1, for which there are ancient
383 genomes available (71). With greater mixing of populations and the pervasive genome-wide
384 recombination that occurs in CMV, we see evidence for increasing numbers of hybrid strains
385 including some of the reference strains for example Towne and AD159 (Figure 4). This serves to
386 further muddy insights into the phylogeographic origins of currently circulating strains of CMV and
387 elucidating these undoubtedly requires additional and more granular worldwide sampling, as well as
388 the inclusion of ancient CMV genetic material if these can be found.

389 While in 32 of the multi-allelic regions, the alleles, like the conserved regions, are different or
390 differently distributed between geographical regions, most notably countries with predominantly
391 European or African populations, from which most strains originate, the majority (42) show no
392 evidence of geographical distribution, but instead appear to maintain the full allele palette in these
393 genome portions across both continents and at similar frequencies. This effect has previously been
394 observed in RNA viruses (72, 73). Initial studies into CMV virion envelope complexes, linking variants
395 to function, have reported that allele differences can modulate virus cell tropism (74, 75). Similar
396 examples from hepatitis C virus and human immunodeficiency virus (HIV) have shown genotypic
397 differences to affect viral compartmentalisation (76), while certain hepatitis B virus genotypes
398 appear to be associated with chronic infection (77). From our analyses, the non-geographically
399 segregated multi-allelic regions were significantly enriched for genes encoding immunomodulatory
400 functions. For example, region 6 which shows no geographical segregation encodes a portion of the
401 non-recombinant haplotype RL11D block, RL11, RL12, RL13, UL1, UL2 and UL4, all of which are
402 proven or predicted to be virion membrane glycoproteins (52). In addition, RL11D (region 6)
403 variability has been suggested to be critical for the adaptation of CMV to different primate species
404 (11). Of interest, many of the variable multi-allelic regions correspond to regions previously
405 identified as being in local linkage disequilibrium and thus not affected by the pervasive
406 recombination occurring throughout the more conserved regions of the genome (11). Taken
407 together, our data strongly support the likelihood that CMV genome is the result of two distinct
408 evolutionary forces, genetic drift occurring in segregated viral populations and so called frequency-

409 dependent balancing selection (78), a form of adaptation that maintains pre-existing diversity in the
410 face of genetic drift.

411 This granularity of CMV genome analysis allows deeper insights into how genome might be related
412 to function. Following Towne gB + MF59 adjuvant vaccination, antibody titres to the antigenic AD2
413 region have been shown to correlate with better protection against post renal transplant CMV
414 viremia (54–56). Baraniak and colleagues also showed that only ~50% of individuals vaccinated with
415 Towne gB had detectable AD2 antibody response against gB peptides in an assay derived from the
416 AD169 laboratory strain. The AD169 gB AD2 allele (region 24, UL55) differs from that found in Towne
417 gB (Supplementary figure 8). Since AD2 antibodies are not broadly reactive (54), there is some
418 question about what the Towne gB vaccine antibodies are recognising within the AD169 gB AD2
419 peptides. Multi-allelic region 24 (gB/UL55 AD2) also segregates differently between African (Towne-
420 like) and European-like (AD169 and Merlin) viral populations. This together with the finding that the
421 Towne gB conserved region carries predominantly African-segregating SNPS raises the possibility
422 that a vaccine based on Towne gB sequence might not confer cross-protective immunity against
423 European strains.

424 Notably, the CMV pentamer complex, which is being developed as part of an alternative multi-
425 antigenic vaccine using the Merlin strain, contains no multi-allelic regions and may therefore be
426 more tractable than gB (79). However, geographically related differences are still present and
427 potentially need evaluation. For example, Q35K which segregates with African strains and L40P
428 which segregates with European strains are both present within a known B cell neutralising epitope
429 in the pentameric complex UL130 protein (IEDB ID: 142031).

430 These analyses are subject to limitations, the clearest of which is the potential biases related to the
431 available sequences and the samples from which they were derived. First, the representation of
432 genomes was heavily skewed towards Europe. Second, the European samples were typically
433 collected from unrelated patients for clinical purposes, whereas African samples were obtained from
434 study participants in southern and eastern Africa (Zambia, Uganda, and Kenya), many of whom were
435 HIV co-infected. African-clustering sequences that were sampled in Europe likely reflect divergent
436 sampling of unrelated individuals and may to some extent mitigate the bias of African strains.
437 However, we had only two Asian strains collected in the early 2000s and no strains from south
438 America or many other parts of the world. Until these gaps are closed our conclusions must remain
439 incomplete. Seventeen African genomes were reconstructed from samples containing mixed CMV
440 infections where generating consensus genomes has typically been challenging. However, HaRold,
441 the program we used to reconstruct haplotypes (31) performs with high accuracy in validation
442 exercises using simulated and real mixtures of CMV genomes containing known sequences. Lack of

443 homology between some alleles within a multi-allelic region could be a limitation on constructing
444 alignments for HMM. However, even for the most divergent alleles, the bordering 5' and 3'
445 sequences are identical, a factor that mitigates this potential constraint. Finally, when considering B
446 and T cell CMV epitopes, we are limited by epitopes included in the IEDB database which are largely
447 generated for European strains. However, since most of the viruses analysed here were European,
448 the conclusions that most nonsynonymous differences from African strains do not lie within
449 epitopes is likely to be true.

450

451 **Conclusion**

452 Our findings provide several new insights into the genomic landscape of CMV. First, we identify and
453 precisely delineate 74 discrete variable regions which consist of multiple alleles, showing that the
454 rest of the genome (86%) is monoallelic. We identify for the first time, that CMV genomic evolution
455 is shaped by two distinct processes: likely genetic drift occurring within geographically distinct
456 populations and balancing selection which counteracts genetic drift to maintain similar diversity in
457 variable multi-allelic regions irrespective of geographical location. We identify that variable regions
458 under balancing selection are enriched for key CMV properties, highlighting that better
459 characterisation of diversity in these regions is likely to be important for understanding CMV biology
460 and control. Our results provide a genomic roadmap to enable studies of how variation across the
461 CMV genome interacts to cause clinical disease. At the same time, the data raise questions about
462 how geographical differences arose and the direction of spread from one region to another. The
463 answers to these questions will require further sampling of geographically diverse whole CMV
464 genomes, CMV sequence data from ancient samples, or both. Finally, the data highlight that the
465 geographical and allelic differences between proteins being trialled as potential vaccines needs to be
466 considered when designing vaccines. Our findings raise the possibility that vaccines based on strain-
467 specific gB or other viral antigens may fail to induce sufficient cross-protection globally against
468 circulating variants.

469

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475

476 **Conflicts of interest**

|

477 SG receives consulting fees and research funding related to CMV from Moderna, Merck, GSK, VBI
478 Vaccines, and Altona Diagnostics.

479

480 **Code availability**

481 The HMMcluster program is freely available under the MIT license, at [https://github.com/ucl-](https://github.com/ucl-pathgenomics/hmmcluster)
482 [pathgenomics/hmmcluster](https://github.com/ucl-pathgenomics/hmmcluster)

483

484 **Data availability**

485 The accession identifiers (GenBank or SRA accessions) for the 259 genomes included in the main
486 analysis and the genomes of those patients with self-reported ancestry are available in Dataset S1
487 and Dataset S2. The full alignment and full resolution phylogenetic trees are also available at
488 https://github.com/ucl-pathgenomics/HCMV_resources_public.

489

490 **Tables**

491

492 **Table 1. Recombination in multi-allelic regions.**

493

Region	Genes	Number of breakpoints	NC_006273.2 coordinates of breakpoints (bp)
2	<u>RL5A; RL6</u>	2	5907, 6290
6	<u>RL11; RL12; RL13; UL1; UL2; UL4</u>	2	12606, 13305
8	<u>UL10; UL11; UL6; UL7; UL8; UL9</u>	6	15751, 15860, 16390, 17553, 18419, 18672
10	UL20; UL21A	2	26468, 26732
28	UL73; UL74	2	107640, 107848
42	UL116	1	166458
43	UL119; UL120; UL121	6	169045, 169283, 169475, 169525, 169782, 170046
50	UL144	2	182464, 182551
51	UL150A	1	183170
72	TRS1	4	231683, 231783, 232227, 232415

494 Each multi-allelic region was assessed for evidence of recombination. Firstly, each region was examined using a
 495 set of seven recombination methods implemented in RDP5. We then visually investigated the phylogenies
 496 either side of predicted breakpoints of those multi-allelic regions with evidence of recombination (a region was
 497 considered to have evidence of recombination if at least 5 methods in RDP5 were significant). We removed
 498 breakpoints that could be explained by sub-clade structure. We underline and highlight in bold those regions
 499 where most sequences in the multiple-sequence alignment showed the recombination breakpoints.

500

501 **Materials and methods**

502

503 **Data retrieval**

504 A python script using Biopython (80), specifically the Entrez module, was used to access the SRA and
 505 NCBI nucleotide databases for sequence information, and extract country and continent assignment
 506 for sequences.

507

508 **Sequence assembly**

509 SRA sequences for Zambian CMV genomes were downloaded using the SRA toolkit and assembled
 510 using an in house de novo assembly pipeline, which involves contig generation, optimal reference

511 identification, scaffolding on to the reference sequence, and subsequent iterative mapping of NGS
512 reads on the genome scaffold. These were then subject to haplotype reconstruction and relevant
513 consensus sequences determined.

514 Ugandan sequences and historical clinical sequences of known ethnicity were also de novo
515 assembled. Kenyan sequence data were assembled to a reference sequence using an in-house
516 pipeline using the strain. Sequence positions with less than 10 read depth were labelled as n.

517

518 **Haplotype reconstruction**

519 Possible mixed infections were investigated with HaROLD, a tool for reconstructing haplotypes using
520 co-varying variant frequencies in a probabilistic framework (31). HaROLD takes the bam files
521 obtained from the assembly step (as explained above) and then reconstructs the optimal number of
522 haplotypes for each sample. Haplotypes' sequences are then checked by reconstructing
523 phylogenetic trees and are considered distinct if they have >2000 bp differences. We reconstructed
524 a total of 17 haplotypes from 8 samples (1-3 haplotypes per sample). In line with the approach taken
525 in de novo assembly, we ignored haplotypes with an average read depth of less than 10 bases
526 (haplotype frequency * mean read depth).

527

528 **Multiple sequence alignment**

529 Multiple sequence alignments were obtained using MAFFT v7 (81), particularly variable sections
530 were re-aligned using MUSCLE (82) and finished manually. Sequence alignments were viewed in the
531 lightweight alignment viewer AliView (83). Alignments relative to a reference strain were only used
532 to generate the heterozygosity per reference position calculation, these were generated using
533 MAFFT with the "--add - keep length" options, which allowed SNPs to be called based on differences
534 to the reference Merlin (Refseq accession: NC_006273.2).

535

536 **Measures of sequence diversity**

537 Heterozygosity was generated using an in-house R function, using the following calculation.
538 h is heterozygosity for a given polymorphic site with I alleles, such that the sum of all allele
539 frequencies p equals 1. N is the number of sequences in the sample. Summing over all segregating
540 sites S in an alignment, we get sum of site heterozygosity π .

$$h = \frac{n}{n-1} \left(1 - \sum_{j=1}^S p_j^2\right) \pi = \sum_{j=1}^S h_j$$

541

542 **Multi-Dimensional Scaling**

543 Pairwise distances were calculated using the `dist.dna()` with the nucleotide-nucleotide substitution
544 matrix "TN93" (84) and with pairwise deletion by way of the R package `Ape` v.5.4 (85). Multi-
545 dimensional scaling much like principal component analysis (PCA) is a method to attempt to simplify
546 complex data into a more interpretable format, by reducing dimensionality of data whilst retaining
547 most of the variation. In a genomics context we can use this on pairwise distance matrices, where
548 each dimension is a sequence with data points of n-1 sequences pairwise distance. This allows us to
549 observe patterns of population structure as "clusters". MDS was implemented using the `cmdscale()`
550 function with pairwise deletion in R (86).

551

552 **Phylogenetic Reconstruction**

553 Phylogenetic relationships of multi-allelic and example conserved regions in Figure 2 were
554 constructed from nucleic acid sequences in IQ-TREE (87). Using a Maximum Likelihood GTR
555 substitution model with a discrete Gamma heterogeneity model (88) and 1000 rounds of
556 bootstrapping. We attempted to root the CMV homologous genome to the most suitable ex-CMV
557 taxa Chimpanzee CMV (accession AF480884), however this outgroup was too far removed with
558 distance >5 so unrooted trees were preferred. Trees were visualised using Figtree (89).

559 For the whole genome and concatenome phylogenetic analysis where CMV is known to recombine
560 freely, a Neighbor-net split phylogenetic network analysis was undertaken using Splitstree version
561 4.1.5 (90). Non-default options chosen were HKY85 distance matrix, with equal site rate variation.
562 Both terminal repeat regions were trimmed from alignments (although they had negligible impact)
563 before analysis.

564

565 **"F_{st}" F statistics**

566 For calculating a F_{st} like statistic from sequence data, we can use the sum of site heterozygosity's
567 across a locus to produce γ_{st} . Where π_T is calculated as above using all samples in an alignment, π_S is
568 an average of the same calculation for each sub population separately. (91).

$$\gamma_{ST} = \frac{\pi_T - \pi_S}{\pi_T}$$

569 Only sites with greater than 5% minor allele frequency were considered. To account for uneven
570 African and European populations, either when defined by sampling location or when considering
571 those sequences that are archetypally (90%> in admixture analyses) African or European, we
572 repeatedly subsampled the European population to be equivalent to the number of African
573 sequences (1000*) and took the mean of the site Fst's.

574 When we multiply bootstrap sampled the 30 African and 30 European sequences, the mean number
575 of pairwise differences for sequences within each population were determined, as well as the mean

576 number of pairwise differences across all sequences. This can be used to estimate Fst in an efficient
577 manner for multiple bootstraps (92).

578

579 **Chi-squared analysis of allele proportions**

580 For each region the allele assignments from HMMcluster were grouped by origin into African and
581 European allele frequencies as observed in the admixture archetypal strains, which we tested for
582 significant differences using a chi squared test of independence with the base R function `chisq.test`
583 over allele frequencies. From the European data we generated expected allele frequencies which
584 were compared against observed allele frequencies from Africa. A Benjamin-Hochberg adjusted
585 False Discovery Rate (FDR) < 0.05 we determined as inferring significant distribution deviation where
586 we assigned the multi-allelic region as “geographic”, otherwise they were labelled “pervasive”.

587

588 **HMMcluster – Sequence clustering by Optimal Hidden Markov Models**

589 We implemented a maximum likelihood allele assignment model in java on a Hidden Markov Models
590 statistical framework. Briefly, this approach considers the genomic alignment as a set of contiguous
591 blocks, within each block the model instantiates by perfectly representing each sequence as its own
592 HMM, this results in the highest Likelihood but with an excessive number of parameters. Then the
593 model considers the optimal way to combine HMM’s to keep the highest likelihood i.e. 259 models
594 to 258, and continues to iterate with a greedy stepwise algorithm until only a single HMM is
595 reached. A single HMM most poorly represents each sequence, such that the likelihood is lowest,
596 but it uses the minimal number of parameters. To balance this likelihood and parameter problem, a
597 typical approach is to appeal to the Akaike Information Criterion (AIC), and we use this here to
598 identify the most parsimonious representation of a given genomic segment.

599 Consider that we have a set of sequences $\{x_{1j}, x_{2j} \dots x_{nj}\}$ where x_{ij} is the base found at position i in
600 sequence j , where there are N positions in sequence ($1 \leq i \leq N$) and M sequences ($1 \leq j \leq M$).

601 Each Hidden Markov Model, not considering insertion and deletion states (of which we ignore
602 insertion states) is defined as a series of match states which are represented by the probability of
603 the emissions from that state. That is the Hidden Markov Model is defined by where $p_i(x)$ is the
604 probability that match state i emits base x , and $\sum_k p_j(x_k) = 1$.

$$\left\{ \left\{ p_1(x_1) \right\}, \left\{ p_2(x_1) \right\}, \left\{ p_3(x_1) \right\} \dots \right\}$$
$$\left\{ \left\{ p_1(x_2) \right\}, \left\{ p_2(x_2) \right\}, \left\{ p_3(x_2) \right\} \dots \right\}$$
$$\left\{ \left\{ \vdots \right\}, \left\{ \vdots \right\}, \left\{ \vdots \right\} \dots \right\}$$

605 In this case, the probability that sequence j would arise from this hidden Markov model is equal to
606 $\prod_i p_i(x_{ij})$ or the log likelihood is given by $\sum_i \log p_i(x_{ij})$. The total log likelihood for the set of M
607 sequences is then equal to $\sum_j \sum_i \log p_i(x_{ij}) = \sum_i \sum_j \log p_i(x_{ij})$.

608 If we consider a given location i and imagine that at this site m_{i1} of the sequences have base x_1 , m_{i2}
609 of the sequences have base x_2 , etc, with $\sum_k m_{ik} = M$, then we can sum over identities of bases
610 rather than sum over sequences, and the log likelihood becomes $\sum_i \sum_k m_{ik} \log p_i(x_k)$. It turns out,
611 not surprisingly, that the best (i.e. maximum likelihood) values for $p_i(x_k)$ is equal to the fraction of
612 the sequences that have base x_k at that position, that is, $\hat{p}_i(x_k) = \frac{m_{ik}}{M}$. Substituting this in yields the
613 highest likelihood of the set of sequences is given by $\sum_i \sum_k m_{ik} \log \frac{m_{ik}}{M}$.

614 We implemented the model to look for evidence of population structure initially within 200bp
615 genome slices. Identified loci were refined by Maximum likelihood, and any overlapping regions
616 concatenated, and again start / stop positions refined by maximum likelihood.

617

618 **Recombination analysis**

619 Genome sequences were examined for evidence of systematic recombination events using the
620 Recombination Detection Program (RDP) version RDP5.5 with the maximum likelihood tree option
621 (93). The RDP software includes a suite of recombination-detecting algorithms where we used
622 seven, namely phylogenetic (RDP, BOOTSCAN and SISCAN) and substitution (GENECONV, MAXCHI,
623 CHIMAERA, and 3-SEQ) methods to generate evidence of recombination. Using a Bonferroni
624 corrected P-value cut-off of ≤ 0.05 significant scores with 5 or more of the seven algorithms, found
625 in a group of 4 or more non-haplotype sequences were considered significant and the phylogeny
626 either side examined to determine if it was a true significant.

627

628 **Population structure**

629 Population structure was analysed in an unsupervised fashion with Admixture 1.3.0 (48). Alignments
630 were converted to VCF format using snp-sites (94), and sites with minimum allele frequency $< 5\%$
631 were trimmed. Sequences were randomly subsampled to generate more proportionate sample sizes
632 per continent (30 European, 30 African and both (2) Asian) 1000 time. For each of the 1000 sample
633 draws admixture was run for a k ranging from 1 to 10 with 20-fold cross validation. As recommended
634 in the admixture manual we thinned the markers according to the observed sample correlation
635 coefficients using the plink argument "--indep-pairwise 50 10 0.1". Analyses were visualised in R.

636

637 **Identifying Epitopes**

638 Known CMV B and T cell epitopes were downloaded from IEDB (51) then mapped to Merlin
639 reference strain genomic co-ordinates by tblastn (95). Predicted epitopes were ignored. cmvdrg (96)
640 was used to identify which variants are synonymous or nonsynonymous when translated. Sites with
641 less than 10% variants in either African or European populations were ignored. As sites with low

642 variability can still exhibit high Fst values, we limited the analysis to sites where the consensus base
643 was different between the archetypal African and European sequences, this removed 11% of sites.
644 This allowed variant sites to be analysed together from geographical, immune, and protein effect
645 frames of reference.

646

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- 859

860 **Figure Legends**

861

862 **Figure 1. Circular genome map showing nucleotide diversity and multi-allelic regions.** Tracks
863 numbered from in to out: (Track1 - red) Barplot of nucleotide diversity (calculated as heterozygosity)
864 is shown as bars of Heterozygosity (red) along a 50bp moving average; (Track2) Open Reading
865 Frames in the CMV genome are coloured by gene family as defined by bottom legend and in (26);
866 (Track3 – blue) Multi-allelic regions as defined using HMMcluster are highlighted in translucent
867 blue; (Track4) ORF names. We also show a representative multi-sequence alignment for conserved
868 (left) and multi-allelic (right) regions.

869

870 **Figure 2. Unrooted Maximum Likelihood phylogenetic trees of representative multi-allelic and**
871 **conserved regions.** Tips were grouped if within 5% of the maximum taxa distance and are shown as
872 triangles where size indicates the number of grouped sequences and colour represents different
873 allele from HMMcluster. Small hard to see fans have been blown up and are represented by fans
874 within circles. Nodes with bootstrap support >90% are shown as red diamonds. **Note:** Scale bars
875 differ for each figure. **A)** Multi-allelic region 2 (RL5A RL6) (5 alleles). **B)** Multi-allelic region 30 (UL75)
876 (2 alleles). **C)** Example conserved region (UL105) (1 allele) of comparable alignment length.
877 Variability of C is much less than A and B with no support for HMM derived clusters. **D)** A and C when
878 drawn to the scale of B, the example conserved region tree becomes difficult to see at this
879 representation reflecting the relatively minor variation it encodes. Sequences with greater than 15%
880 ambiguous bases were removed before phylogenetic reconstruction.

881

882 **Figure 3 Multi-Dimensional Scaling of all CMV genomes.** The figure shows multidimensional scale
883 analysis for all CMV strains analysed (n=259): each dot represents a CMV strain, and the colour
884 indicates the continent of isolation (Europe includes European and Middle eastern genomes). The
885 analysis was done in three scenarios: A) whole genome, B) conserved regions (conserved
886 concatenome), C) multi-allelic regions (multi-allelic concatenome). This analysis shows an overall
887 trend for geographical segregation for the whole genome (A) and the conserved regions (C), but not
888 for the multi-allelic regions (B).

889

890 **Figure 4. Admixture analysis in CMV's conserved regions.** Admixture inferred ancestral lineages
891 reconstructed from CMV conserved concatenomes support evidence of geographic segregation in
892 CMV. The admixtures derived from a representative K=2 model of 62 sequences, were projected to
893 the remaining 197 sequences. A) This plot shows admixture proportions for whole CMV dataset

894 (n=259 strains) grouped by continent. B) The red and blue cluster components were used to colour
895 sequences in the conserved concatenate MDS. Select common reference strains have been
896 labelled.