**Transformations across time and space**

Dr Carolyn Defrin and Dr Elena Marchevska

Make with what you have:

Use what’s in the room

Look inwards

Some of our best work, we lament as we age

Was when we were just starting out-

Scrapping works of theatre together on a shoestring

The passion, not the production budget, on display

And maybe it was better!

A pandemic returns us to these essential creativities

With initial plans to be with others

We instead had a chance to live our ethics

And let the subject take the lead

Film yourself

Where you find home

A few instructions on where and how to point your phone cameras

For steadiness, try this

For light and darkness, look out for this

Designed first for a group of collaborating migrant artists

These instructions re-emerged post pandemic while working with young makers who continued to teach us that creativity lies in simplicity.

From another continent, a digital square away

‘Find home, for you’