	Tuina+RTs		RTs		Risk Ratio		Risk Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI	
Chen Y 2018	31	34	24	34	58.0%	1.29 [1.02, 1.64]		
Lu L 2008	23	24	17	23	42.0%	1.30 [1.00, 1.68]	•	
Total (95% CI)		58		57	100.0%	1.29 [1.08, 1.54]		
Total events	54		41					
Heterogeneity: Chi ² = 0.00, df = 1 (P = 0.98); I^2 = 0% Test for overall effect: Z = 2.86 (P = 0.004)							0.7 0.85 1 1.2 1.5 Favours RTs Favours Tuina+RTs	