

Table 3 Comparison of MMT pre- and post- treatment

MMT	pre-treatment		post-treatment	
	MEPA	SA	MEPA	SA
0	2	1	0	0
I	2	2	0	0
II	3	5	0	0
III	13	12	2	5
IV	0	0	12	12
V	0	0	6	3

MMT: manual muscle test; compared to the two groups and analyzed by nonparametric rank sum test: pre-treatment: $Z=-1.206$, $P=0.624$; post-treatment: $Z=-3.382$, $P=0.031$. $P<0.05$ indicates statistical significance.