

Lessons learnt from Project S CeTCH: a multi-centre cluster randomised controlled trial evaluating the effectiveness of e-cigarettes compared with usual care for smoking cessation in those accessing homeless services

Dr Kirstie Soar



Smoking amongst adults experiencing homelessness: a systematic review of prevalence rates, interventions and the barriers and facilitators to quitting and staying quit

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Kirstie Soar, Lynne Dawkins, Deborah Robson and Sharon Cox 

Homeless charities report smoking at 70-90%



SCeTCH Trial

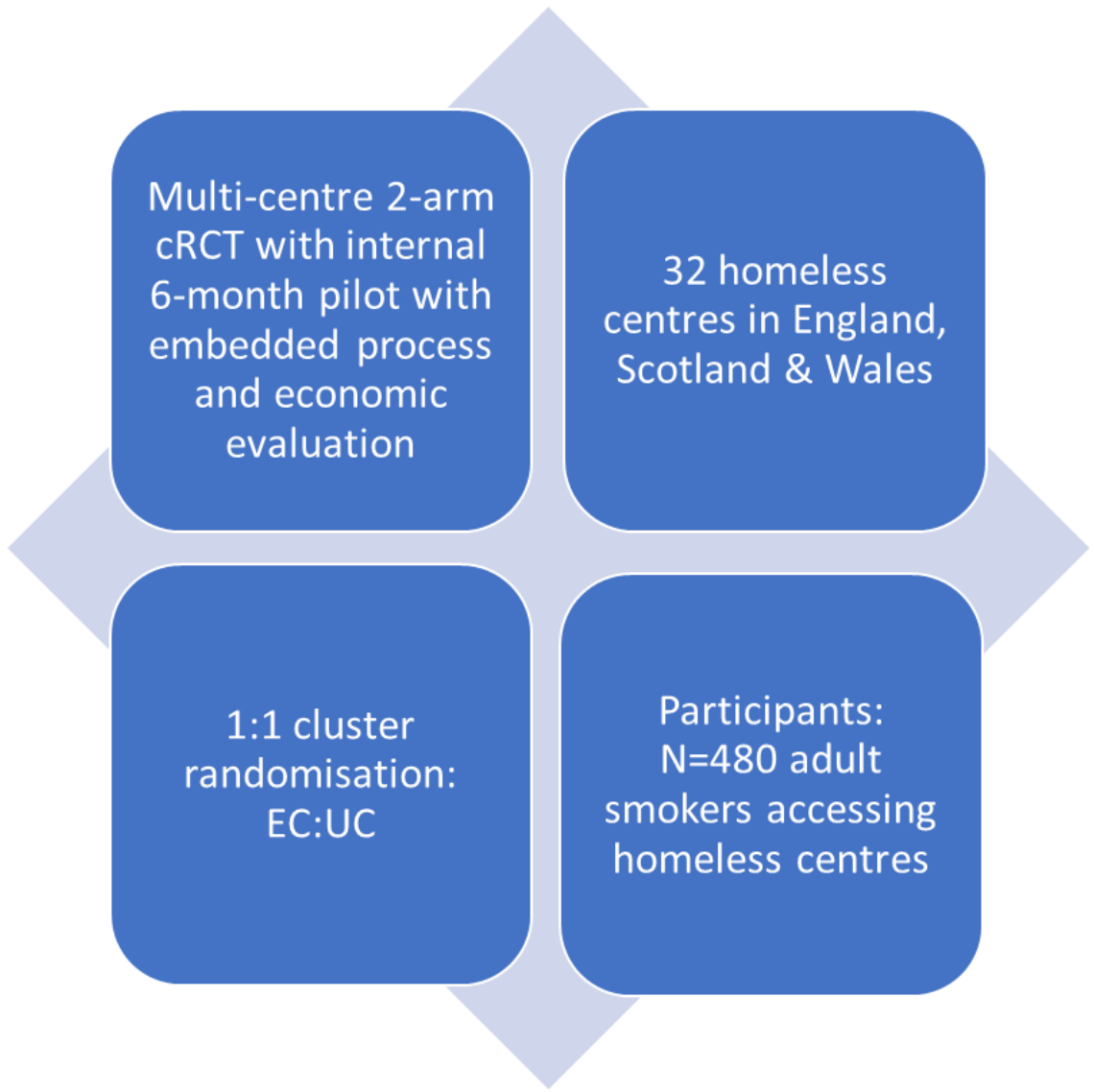
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STUDY PROTOCOL

ADDICTION **SSA**

Evaluating the effectiveness of e-cigarettes compared with usual care for smoking cessation when offered to smokers at homeless centres: protocol for a multi-centre cluster-randomized controlled trial in Great Britain

Sharon Cox^{1,2} | Linda Bauld^{2,3} | Rachel Brown⁴ | Matthew Carlisle⁵ | Allison Ford⁶ | Peter Hajek⁷ | Jinshuo Li⁸ | Caitlin Notley⁹ | Steve Parrott⁸ | Francesca Pesola^{2,7} | Deborah Robson^{2,10} | Kirstie Soar¹¹ | Allan Tyler¹¹ | Emma Ward⁸ | Lynne Dawkins¹¹



Current retention rates:

- 4-weeks = 74%
- 12-weeks = 58%
- 24 weeks = 53%

Challenges

Changing models of care & practice

- Led to changes in centre inclusion parameters
- UC intervention changing over the course of the trial

Recruitment – centres & participants

- Gatekeepers
- Flexibility

Centre challenges:

- Staffing
- Resourcing
- Differing time frames
- Multiple centres with different structures, provision & individual needs

Language barriers

Lessons learnt

Phone calls not emails

Existing relationships

Incentives for all agencies

- Training has been helpful for staff
- Homeless clients are interested in addressing smoking
- Tailor incentives to individuals

Intervention can be delivered with ease

Requires working pragmatically within the sector

Adapt to the centres and clients needs.

Conclusions

- Worlds first trial comparing EC v UC
- Working with this population requires
 - the need to understand the realistic needs of these individuals...
 - ...and services
 - patience & persistence
 - work pragmatically and flexibly
 - **go to them and offer incentives**
 - develop strong working relationships with all agencies involved for effective outcomes
- There is interest in addressing smoking
- Aim to inform larger scale implementation of supporting homeless centres to aid smoking cessation programmes.

