Tables

Table 1. Demographic Characteristics of Participants responding to the survey (N=82)

|  |  |  |
| --- | --- | --- |
| Sex  | N |  % |
|  Female  | 80 | 97.5 |
|  Male  | 2 |  2.4 |
| Age  |  |  |
|  < 45 y | 22 | 26.8 |
|  ≥ 45 y | 60 | 73.1 |
| Years in practice |  |  |
|  < 10 y | 38 | 46.3 |
|  ≥ 10 y | 44 | 53.6 |
| Style of practice  |  |  |
|  TCM  | 30 | 35.5 |
|  Integrated  | 28 | 34.1 |
|  Five Elements  |  9 | 10.9 |
|  Japanese  |  5 |  6.0 |
|  Other  | 10 | 12.1 |
| Training location |  |  |
|  UK  | 69 | 84.1 |
|  China  |  8 |  9.7 |
|  Other  |  8 |  9.7 |
| ACT branch  |  |  |
|  London  | 20 | 24.3 |
|  Hertfordshire | 18 | 21.9 |
|  Yorkshire | 11 | 13.4 |
|  Brighton & Sussex |  9 | 10.9 |
|  East Anglia  |  7 |  8.5 |
|  Northwest |  4 |  4.8 |
|  Bristol  |  3 |  3.6 |
|  Oxford |  3 |  3.6 |
|  Berkshire |  2 |  2.4 |
|  Buckinghamshire |  1 |  1.8 |
|  Did not complete  |  4 |  4.8 |

Note: data only relates to those completing demographic section of the questionnaire

Table 2. Most common conditions treated in the past year

|  |  |  |
| --- | --- | --- |
| Menstrual health (N=93) N % | Fertility issues (N=87) N % | Maternity health (N=87) N % |
| Irregular periods  | 85 | 91.3 | Fertility WM diagnosis  | 81 | 93.1 | Birth preparation  | 84 | 96.5 |
| Menopause | 84 | 90.3 | General fertility  | 80 | 91.9 | Nausea  | 82 | 94.2 |
| Premenstrual | 81 | 87.0 | Stress and relaxation  | 79 | 90.8 | Induction | 79 | 90.8 |
| Primary dysmenorrhea  | 77 | 82.7 | Pre and post ER only | 76 | 87.3 | LBPGP | 77 | 88.5 |
| PCOS | 76 | 81.7 | ART failure - no further WM treatment recommended  | 76 | 87.3 | Breech  | 74 | 85.0 |
| Endometriosis  | 75 | 80.6 | Threatened Miscarriage  | 55 | 63.2 |
| Menorrhagia  | 74 | 79.5 |  | Headaches/migraines  | 46 | 52.8 |
| Menstrual headache  | 63 | 67.7 | Anaemia | 40 | 45.9 |

Table 3. Respondents’ Estimated treatment for most common treatments

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | ≥11N % | 1-10N % | Not treatedN % |  No replyN % |
| Menstrual related conditions (n=93)  |
| Irregular periods  | 28 | 30.1 | 57 | 61.2 | 4 | 4.3 | 4 | 4.3 |
| Menopause | 16 | 17.2 | 65 | 69.8 | 4 | 4.3 | 8 | 8.6 |
| Premenstrual | 28 | 30.1 | 51 | 54.8 | 6 | 6.4 | 8 | 8.6 |
| Primary dysmenorrhea | 14 | 15.0 | 62 | 66.6 | 4 | 4.3 | 13 | 13.9 |
| PCOS | 23 | 24.7 | 52 | 55.9 | 11 | 11.8 | 7 |  7.5 |
| Menorrhagia | 11 | 11.8 | 59 | 63.4 | 11 | 11.8 | 12 | 12.9 |
| Menstrual headache | 11 | 11.8 | 50 | 53.7 | 18 | 19.3 | 14 | 15.0 |
| Endometriosis  | 16 | 17.2 | 57 | 61.2 | 12 | 12.9 | 8 | 8.6 |
| Fertility related conditions (n=87) |  |
| Fertility WM diagnosis  | 41 | 47.1 | 32 | 36.7 |  8 | 9.1 | 6 | 6.8 |
| General fertility | 35 | 40.2 | 45 | 51.7 |  0 | 0.0 | 7 | 8.0 |
| Stress and relaxation | 43 | 49.4 | 32 | 36.7 |  4 | 4.5 | 8 | 9.1 |
| Pre and post ET only | 27 | 31.0 | 35 | 40.2 | 14 | 16.0 | 11 | 12.6 |
| ART failure - no further WM treatment recommended | 17 | 19.5 | 37 | 42.5 | 22 | 25.2 | 11 | 12.6 |
| Pregnancy related conditions (n=87) |  |
| Birth Preparation | 34 | 39.0 | 50 | 57.4 | 2 | 2.2 | 1 | 1.1 |
| Induction | 30 | 34.4 | 49 | 56.3 | 5 | 5.7 | 3 | 3.4 |
| N&V | 24 | 27.5 | 58 | 66.6 | 2 | 2.2 | 3 | 3.4 |
| LBPGP | 13 | 14.9 | 64 | 73.8 | 6 | 6.8 | 4 | 4.5 |
| Breech  | 9 | 10.3 | 65 | 74.7 | 8 | 9.1 | 5 | 5.7 |

PCOS (Polycystic ovarian syndrome). ER (Embryo Transfer). ART (Assisted reproductive therapy). N&V (Nausea and Vomiting). LBPGP. (Lower back and Pelvic girdle pain)

Table 4. Source of referrals received by acupuncturists (N=82)

|  |  |  |  |
| --- | --- | --- | --- |
|  | MenstrualN % | Fertility N % | Maternity N % |
| Word of mouth or previous or current patients  | 64 | 78.0 | 76 | 92.6 | 75 | 91.4 |
| Advertising  | 50 | 60.9 | 61 | 74.3 | 58 | 70.7 |
| Complementary or alternative (CAM) practitioners  | 23 | 28.0 | 42 | 51.2 | 42 | 51.2 |
| Medical health practitioners (GP, Nurse, midwife, Specialist)  |  8 |  9.7 | 16 | 19.5 | 54 | 65.8 |
| Unknown  | 19 | 32.1 | 19 | 32.1 | 19 | 32.1 |