Tables

Table 1. Demographic Characteristics of Participants responding to the survey (N=82)

|  |  |  |
| --- | --- | --- |
| Sex | N | % |
| Female | 80 | 97.5 |
| Male | 2 | 2.4 |
| Age |  |  |
| < 45 y | 22 | 26.8 |
| ≥ 45 y | 60 | 73.1 |
| Years in practice |  |  |
| < 10 y | 38 | 46.3 |
| ≥ 10 y | 44 | 53.6 |
| Style of practice |  |  |
| TCM | 30 | 35.5 |
| Integrated | 28 | 34.1 |
| Five Elements | 9 | 10.9 |
| Japanese | 5 | 6.0 |
| Other | 10 | 12.1 |
| Training location |  |  |
| UK | 69 | 84.1 |
| China | 8 | 9.7 |
| Other | 8 | 9.7 |
| ACT branch |  |  |
| London | 20 | 24.3 |
| Hertfordshire | 18 | 21.9 |
| Yorkshire | 11 | 13.4 |
| Brighton & Sussex | 9 | 10.9 |
| East Anglia | 7 | 8.5 |
| Northwest | 4 | 4.8 |
| Bristol | 3 | 3.6 |
| Oxford | 3 | 3.6 |
| Berkshire | 2 | 2.4 |
| Buckinghamshire | 1 | 1.8 |
| Did not complete | 4 | 4.8 |

Note: data only relates to those completing demographic section of the questionnaire

Table 2. Most common conditions treated in the past year

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Menstrual health (N=93)  N % | | | Fertility issues (N=87)  N % | | | Maternity health (N=87)  N % | | |
| Irregular periods | 85 | 91.3 | Fertility WM diagnosis | 81 | 93.1 | Birth preparation | 84 | 96.5 |
| Menopause | 84 | 90.3 | General fertility | 80 | 91.9 | Nausea | 82 | 94.2 |
| Premenstrual | 81 | 87.0 | Stress and relaxation | 79 | 90.8 | Induction | 79 | 90.8 |
| Primary dysmenorrhea | 77 | 82.7 | Pre and post ER only | 76 | 87.3 | LBPGP | 77 | 88.5 |
| PCOS | 76 | 81.7 | ART failure - no further WM treatment recommended | 76 | 87.3 | Breech | 74 | 85.0 |
| Endometriosis | 75 | 80.6 | Threatened Miscarriage | 55 | 63.2 |
| Menorrhagia | 74 | 79.5 |  | | | Headaches/migraines | 46 | 52.8 |
| Menstrual headache | 63 | 67.7 | Anaemia | 40 | 45.9 |

Table 3. Respondents’ Estimated treatment for most common treatments

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | ≥11  N % | | 1-10  N % | | Not treated  N % | | No reply  N % | |
| Menstrual related conditions (n=93) | | | | | | | | |
| Irregular periods | 28 | 30.1 | 57 | 61.2 | 4 | 4.3 | 4 | 4.3 |
| Menopause | 16 | 17.2 | 65 | 69.8 | 4 | 4.3 | 8 | 8.6 |
| Premenstrual | 28 | 30.1 | 51 | 54.8 | 6 | 6.4 | 8 | 8.6 |
| Primary dysmenorrhea | 14 | 15.0 | 62 | 66.6 | 4 | 4.3 | 13 | 13.9 |
| PCOS | 23 | 24.7 | 52 | 55.9 | 11 | 11.8 | 7 | 7.5 |
| Menorrhagia | 11 | 11.8 | 59 | 63.4 | 11 | 11.8 | 12 | 12.9 |
| Menstrual headache | 11 | 11.8 | 50 | 53.7 | 18 | 19.3 | 14 | 15.0 |
| Endometriosis | 16 | 17.2 | 57 | 61.2 | 12 | 12.9 | 8 | 8.6 |
| Fertility related conditions (n=87) | | | | | | |  | |
| Fertility WM diagnosis | 41 | 47.1 | 32 | 36.7 | 8 | 9.1 | 6 | 6.8 |
| General fertility | 35 | 40.2 | 45 | 51.7 | 0 | 0.0 | 7 | 8.0 |
| Stress and relaxation | 43 | 49.4 | 32 | 36.7 | 4 | 4.5 | 8 | 9.1 |
| Pre and post ET only | 27 | 31.0 | 35 | 40.2 | 14 | 16.0 | 11 | 12.6 |
| ART failure - no further WM treatment recommended | 17 | 19.5 | 37 | 42.5 | 22 | 25.2 | 11 | 12.6 |
| Pregnancy related conditions (n=87) | | | | | | |  | |
| Birth Preparation | 34 | 39.0 | 50 | 57.4 | 2 | 2.2 | 1 | 1.1 |
| Induction | 30 | 34.4 | 49 | 56.3 | 5 | 5.7 | 3 | 3.4 |
| N&V | 24 | 27.5 | 58 | 66.6 | 2 | 2.2 | 3 | 3.4 |
| LBPGP | 13 | 14.9 | 64 | 73.8 | 6 | 6.8 | 4 | 4.5 |
| Breech | 9 | 10.3 | 65 | 74.7 | 8 | 9.1 | 5 | 5.7 |

PCOS (Polycystic ovarian syndrome). ER (Embryo Transfer). ART (Assisted reproductive therapy). N&V (Nausea and Vomiting). LBPGP. (Lower back and Pelvic girdle pain)

Table 4. Source of referrals received by acupuncturists (N=82)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Menstrual  N % | | Fertility  N % | | Maternity  N % | |
| Word of mouth or previous or current patients | 64 | 78.0 | 76 | 92.6 | 75 | 91.4 |
| Advertising | 50 | 60.9 | 61 | 74.3 | 58 | 70.7 |
| Complementary or alternative (CAM) practitioners | 23 | 28.0 | 42 | 51.2 | 42 | 51.2 |
| Medical health practitioners (GP, Nurse, midwife, Specialist) | 8 | 9.7 | 16 | 19.5 | 54 | 65.8 |
| Unknown | 19 | 32.1 | 19 | 32.1 | 19 | 32.1 |