

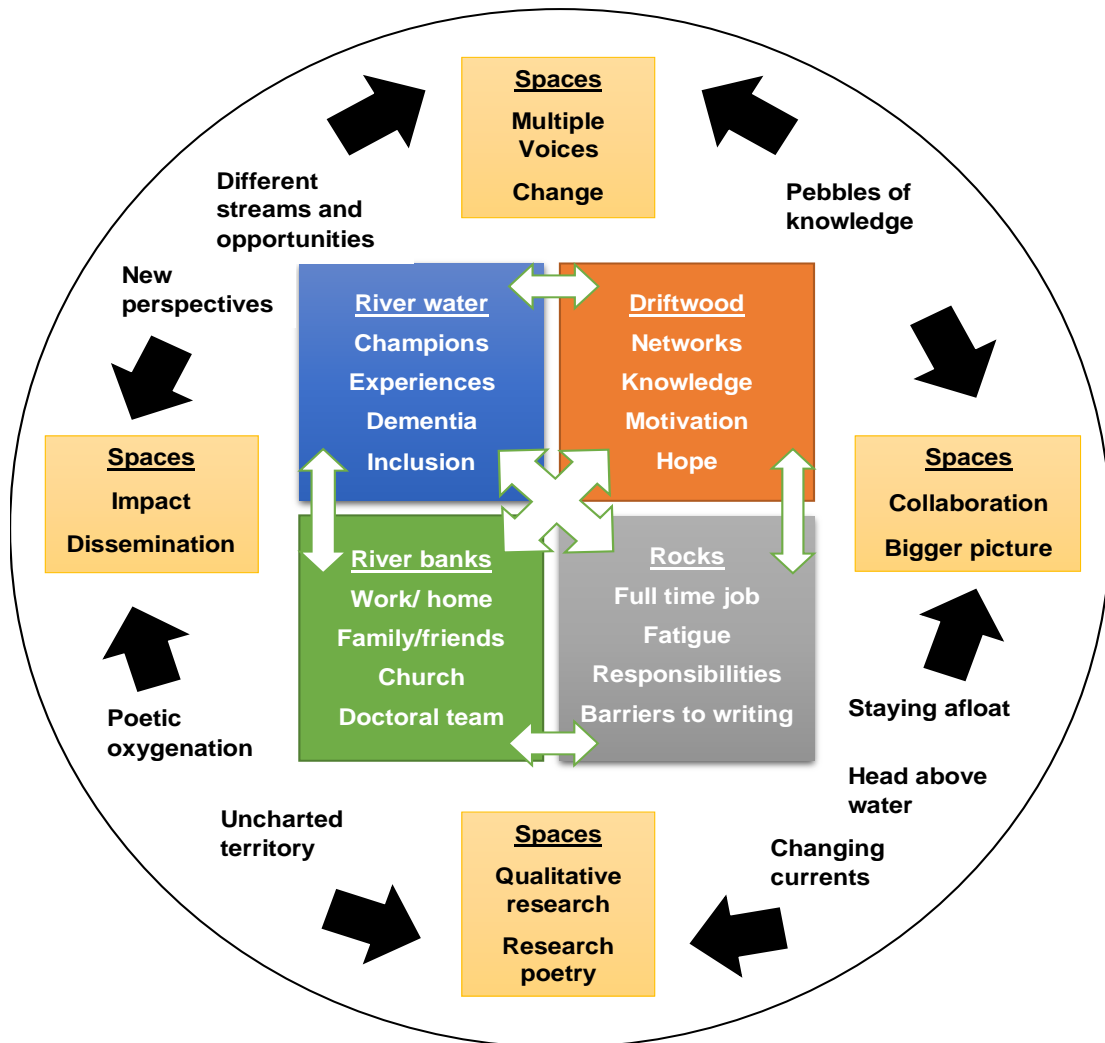
# Exploring the lived experience of Dementia Friends Champions

## Reflections on the Doctoral Journey

(Adapted from the Kawa model)

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- **River water** (life flow and priorities)
- **River banks** (environments, contexts, social and physical)
- **Rocks** (obstacles and challenges)
- **Driftwood** (influencing factors)
- **Spaces** (opportunities to enhance flow)

### Reference

Teoh, J. Y. and Iwama, M. K. (2015) *The Kawa Model Made Easy: A guide to applying the Kawa Model in occupational therapy practice* (2<sup>nd</sup> Ed.). Retrieved from: [www.kawamodel.com](http://www.kawamodel.com)



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