

1 **Title: Elytra coupling of the ladybird *Coccinella septempunctata* functions as an**
2 **energy absorber in intentional falls**

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20 **Abstract:**

21 Some insects, such as bees, wasps, and bugs, have specialized coupling structures
22 to synchronize the wing motions in flight. Some others, such as ladybirds, are equipped
23 with coupling structures that work only at rest. By locking elytra into each other, such
24 structures provide hindwings with a protective cover to prevent contamination. Here,
25 we show that the coupling may play another significant role: contributing to energy
26 absorption in falls, thereby protecting the abdomen against mechanical damage. In this
27 combined experimental, numerical and theoretical study, we investigated free falls of
28 ladybirds (*Coccinella septempunctata*), and discovered that upon collision to the
29 ground, the coupling may fail and the elytra may unlock. This unlocking of the coupling
30 increased the energy absorption by 33%, in comparison to when the elytra remain
31 coupled. Using micro-CT scanning, we developed comparative models that enabled us
32 to simulate impact scenarios numerically. Our results showed that unlocking of the
33 coupling, here called elytra splitting, reduces both the peak impact force and rebound
34 velocity. We fabricated the insect-inspired coupling mechanism using 3D printing and
35 demonstrated its application as a damage prevention system for quadcopters in
36 accidental collisions.

37

38 Keyword: ladybird, elytra coupling, landing, energy absorption.

39

40 **1. Introduction**

41 The performance of energy absorbing structures in vertebrates, such as turtle shells
42 *Terrapene carolina* (Rhee *et al.*, 2009; Wu *et al.*, 2017), sheep horns *Ovis canadensis*
43 (Fuller and Donahue, 2021), and woodpecker beaks *Melanerpes carolinus* (Lee *et al.*,
44 2014), has fascinated researchers for many decades (Tarakanova and Buehler, 2012).
45 For instance, woodpeckers perform repeated strikes at a speed of 6-7 m/s while pecking
46 for food, resulting in an impact deceleration of the order of 1000 g (May *et al.*, 1979).
47 Horns of bighorn sheep, as another example, resist forces of up to 3400 N during fights
48 (Trim *et al.*, 2011). The massive impact loads experienced by such biological structures
49 and the absence of any catastrophic failure, suggest that they have undergone adaptations

50 to excessive impact stresses (Drake *et al.*, 2016). Similar to vertebrates, energy
51 absorbing structures play an important role in the survival of invertebrates. Orb webs
52 of the spider *Argiope aurantia*, which captures insects in midflight, can absorb prey
53 kinetic energy without breaking (Foelix, 2011; Sensenig *et al.*, 2012). Shells of the
54 mantis *Odontodactylus scyllarus* withstand thousands of high-velocity blows that the
55 animal delivers to its prey (Grunenfelder *et al.*, 2014). The leg muscles of the cockroach
56 *Blaberus discoidalis* not only generate the power for locomotion, but operate as active
57 dampers that absorb energy during running (Full *et al.*, 1998).

58 Beetles, one of the most diverse orders of insects with about 400 thousand species,
59 represent striking examples of energy absorbing structures (Phan and Park, 2020). Their
60 elytra, which are in fact hardened forewings, are ventrally jointed to the body. By
61 keeping the elytra closed, coupling structures enable the beetles to pass through
62 restricted environments without damaging the abdomen or hindwings (Dai and Yang,
63 2010; Breed and Ball, 1908; Dai *et al.*, 2008; Frantsevich *et al.*, 2005). Furthermore,
64 when disturbed by predators, such as birds, amphibians, and reptiles, beetles play dead
65 and fall to the ground. During this displaying behavior, the elytra show a high energy
66 absorption capacity (Zhang *et al.*, 2021; Burgio, 2013).

67 Knowing the internal morphology and material properties of elytra can provide
68 insights for the development of novel energy absorbing structures (Hao and Du, 2018),
69 a reason that has sparked research attention to the biomechanical properties of beetle
70 elytra (Sun and Bhushan, 2012). Previous studies have shown that beetle elytra are
71 layered structures, primarily made of chitin microfibrils and protein (Jalali and
72 Heshmati, 2016; Tasdemirci *et al.*, 2015), and consist of a dorsal and a ventral layer that
73 are interconnected by columnar trabecula (Kundanati *et al.*, 2018; Hadley, 1986). With
74 the support of these structures and existing cavities, the elytra provide high strength and
75 efficient energy absorption that prevent damage (Hong *et al.*, 2003; Gunderson and
76 Schiavone, 1995). Previous research, however, has fully neglected the potential role of
77 the coupling structure in the energy absorption properties of the elytra. To understand
78 whether this might be the case, here we investigated the falling dynamics of the ladybird
79 *Coccinella septempunctata* and found that, while landing on the elytra, the coupling

80 structures can provide energy absorption and reduce both the rebound height and
81 velocity after collision. We further show that the elytra coupling can offer novel insect-
82 inspired designs for mitigating body injuries as well as other applications that involve
83 collisions.

84

85 **2. Materials and Methods**

86 ***2.1. Specimens***

87 Ladybirds (*C. septempunctata*) were collected from Zhengzhou, Henan Province,
88 China (34.16°N, 112.42°E), and kept in a terrarium filled with indoor horse bean
89 seedlings (*Vicia faba L.*) in our laboratory in Guangzhou, Guangdong Province, China
90 (23.13°N, 113.27°E) at 26°C and 60% humidity with controlled day-night cycle
91 (12h/12h) (figure 1(a)). All ladybirds were fed with aphids (*Megoura japonica*) living
92 on the horse bean seedlings (Frazer and Gilbert, 1976; Zhang *et al.*, 2021). For the
93 experiments, we randomly selected twenty ladybirds and recorded their body masses m .
94 The length a , width b , and height c of each sample were measured using vernier calipers
95 (AIRAJ 1331, AIRAJ, USA) (figure 1(b)).

96 ***2.2. Calculation of energy absorption in falls***

97 To measure the energy absorption during impacts, we dropped the insects (no
98 initial velocity) onto a hard surface through a transparent cylindrical tube (50 cm in
99 length and 4.5 cm in diameter) to eliminate the potential effect of the surrounding air
100 (figure 1(c)). To describe the orientation of the ladybirds, we set up a coordinate system
101 at the center of the abdominal plane o . The x axis pointed from point o towards the head,
102 and the z axis coincided with the normal direction of the abdomen. The y axis was
103 determined by the right-hand rule. The motion of the falling ladybirds was quantified
104 by roll, pitch, and yaw angles, about the axes x , y , and z , respectively. Two high-speed
105 cameras (Phantom, VEO-E 310L, USA), equipped with micro-lenses (Canon,
106 EF100mmf/2.8LISUSM, Japan), were used to record the falling ladybirds at 1000 fps.
107 The first high-speed camera (Camera #1) was used to observe the deformation of the
108 elytra at the impact. Using the second high-speed camera (Camera #2), we analyzed the

109 dynamics of falling, landing, and rebound before and after the impact, including the
 110 heights (h_1 : before impact; h_2 : after impact), translational velocities (v_1 : before impact;
 111 v_2 : after impact), and angular velocities (ω_1 : before impact; ω_2 : before impact) of the
 112 specimens.

113 Mechanical energy E_i of an object of mass m , height h , translational velocity
 114 v , and angular velocity ω can be obtained using the below equation:

$$E_i = mgh_i + \frac{1}{2}(mv_i^2 + J\omega_i^2) \quad (1)$$

115 where, J is rotational inertia. The index i is the sequence of the record; $i=1$
 116 represents the initiation of the fall, and $i=2$ is when the rebound after collision with
 117 the ground has taken place.

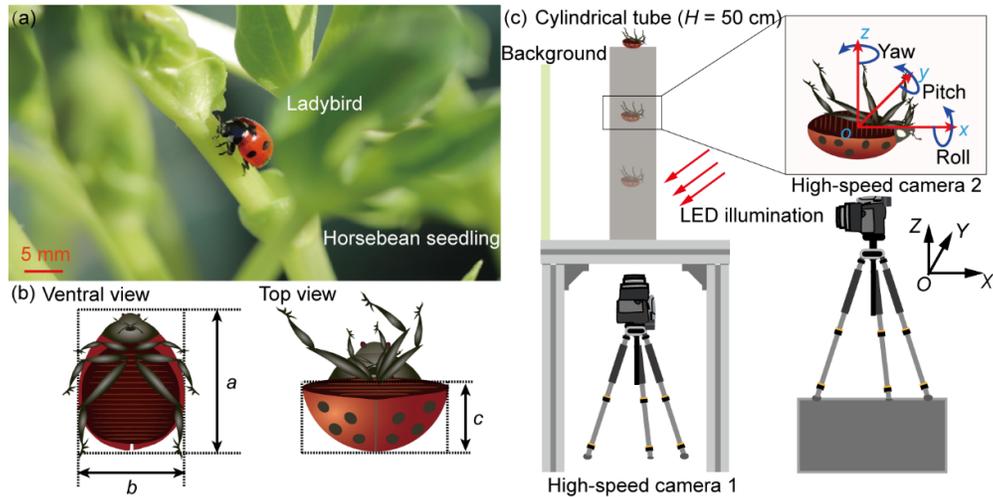


Figure 1. Experimental setups for fall tests. (a) Ladybirds were kept in a terrarium filled with horse bean seedlings. (b) Measured dimensions of a ladybird body. (c) High-speed filming for the analysis of the falls and collisions of ladybirds. The defined o - xyz coordinates is shown here.

118 2.3. Impact force measurement

119 We built an experimental set-up with a force plate (HE6X6, AMTI, USA) to
 120 measure the impact force of ladybirds in free falls (figure 2(a)). The resolution of this
 121 force plate is 8.8 mN. To eliminate the influence of airflows and external vibrations on
 122 the measurements, we designed a screen shield made up of acrylic sheet around the
 123 force plate, and placed a foam board under the force plate. The sampling frequency and
 124 duration of the force plate were set as 100 Hz and 10 s, respectively. Additionally, a

125 decibel meter was placed next to the force plate to measure the noise from the impacts.
126 For experiments, we dropped the ladybirds ($n = 20$) from a constant height of 50 cm on
127 the force plate with no initial velocity. This height corresponds to the average height of
128 the plants on which ladybirds were observed.

129 **2.4. Scanning electron microscopy**

130 Scanning electron microscopy (SEM) was used to examine the microstructure of
131 the coupling between the elytra of the ladybirds. The fresh samples of elytra ($n = 3$)
132 were fixed by soaking in 2.50% glutaraldehyde for 3 h at 26°C. The samples were then
133 cleaned with 0.10 mol/L phosphate buffer (pH = 7) for 20 minutes, and dehydrated
134 through an ascending ethanol series (at 75%, 80%, 85%, 90%, 95%, and 100% for 12 h)
135 before freeze drying. The samples were mounted on SEM stubs with graphite adhesive
136 tape. Coated in gold palladium, and observed under a SEM (FEI Quanta 200, Czech
137 Republic) in high-vacuum mode at 15 kV.

138 **2.5. Atomic force microscopy**

139 Atomic force microscopy (AFM) was used to characterize the stiffness of the
140 ladybird elytra. For this purpose, we used a Dimension Icon AFM (FastScan, BRUKER,
141 USA) (figure 2(b)) equipped with a probe (RTESPA-150, BRUKER, USA). Small
142 pieces ($\sim 1 \text{ mm} \times 1 \text{ mm}$) were cut from the fresh elytra as specimens and covered by
143 wet cotton to prevent dehydration. We tested the specimens ($n = 3$) at ten sampling
144 points along the length of each specimen. In the peak force tapping mode, the vibrating
145 tip performed vertical indentation to record force curves for each sampling point on the
146 surface of the specimens. By real-time analysis of the force curves, the Young's
147 modulus of the specimens at each sampling point was obtained using the Derjaguin,
148 Muller, Toporov (DMT) model (Li *et al.*, 2019).

149 **2.6. Micro-computed tomography**

150 The dynamic X-ray micro-computed tomography (micro-CT) system from
151 Shanghai Synchrotron Radiation Facility (SSRF) was employed to reconstruct the
152 three-dimensional (3D) shape of the elytra of ladybirds (figure 2(c)). The beamline
153 BL13W1 with 8.0 keV to 72.5 keV and several sets of X-ray imaging detectors with

154 varying pixel sizes (0.19 μm -24 μm) were used to realize X-ray micro-CT in-line
 155 imaging (Wang *et al.*, 2020). In this experiment, the photon energy and pixel size were
 156 set as 15 keV and 3.25 μm , respectively (Shang *et al.*, 2020; Xie *et al.*, 2020). A ladybird
 157 specimen, placed in a plastic tube, was mounted on the beamline positioner. After
 158 imaging, we processed the obtained images using the PITRE and Mimics software
 159 (Materialise, Belgium) for phase-sensitive X-ray image processing and tomography
 160 reconstruction to generate the 3D models of the elytra (Chen *et al.*, 2012).

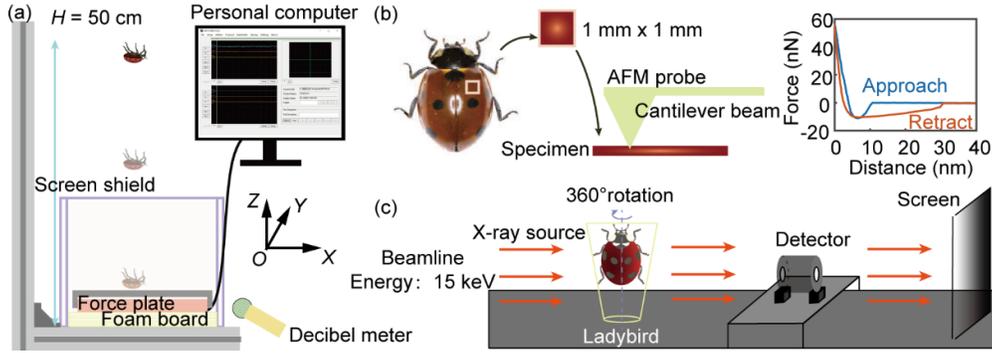


Figure 2. Schematic diagram of experimental testing and imaging platform. (a) Diagram of impact force measurement platform. (b) Schematic diagram of the atomic force microscopy. (c) Schematic of the micro-computed tomography.

161 2.7. Finite element modeling

162 Considering that the anterior parts of the elytra were always locked under the
 163 impact, we focused on the posterior parts ($x < 0$) and defined two comparative models,
 164 namely continuum and split models. We used our models to uncover how the coupling
 165 can influence the energy absorption by the elytra in impacts. The first model was a
 166 continuum shell that was geometrically similar to the profiles obtained from micro-CT
 167 scans. This model was used to simulate the state at which the elytra are tightly coupled
 168 with each other under the impact. By contrast, the second model consisted of two halves
 169 of shells coupled with each other by a coupling that can be split under the impact.

170 For the dynamics of the models in falls, the governing equations were deployed,
 171 including equilibrium equation $\sigma_{ij,j} + f_i = 0$, geometric equation $\varepsilon_{i,j} = (u_{i,j} + u_{j,i})/2$,
 172 and constitutive equation $\sigma_{ij} = \lambda \varepsilon_{kk} \delta_{ij} + 2G \varepsilon_{ij}$, in which $\lambda = \frac{Ev}{(1+\nu)(1-2\nu)}$, and

173 $G = \frac{E}{1+\nu}$. Here, E and ν represented elasticity modulus and Poisson's ratio,
 174 respectively.

175 Based on the Hamilton variational principle, the governing equations for dynamic
 176 collisions can be obtained (Hien and Kleiber, 1990).

$$M_i \ddot{U}_i + C_i \dot{U}_i + K_i U_i = 0 \quad (2)$$

177 where, M_i was the mass matrix, C_i was the damping matrix, K_i was the stiffness
 178 matrix. Here, \ddot{U}_i , \dot{U}_i , and U_i were the acceleration, velocity and displacement vectors,
 179 respectively.

180 From the statistical analysis of the recorded videos of the ladybirds in falls, we
 181 found that different parts of the elytra might come in contact with the ground. This may
 182 result in different energy absorption capacities. To include the effect of this in our
 183 models, we defined the landing region by the landing angle, which is acute angle
 184 between the plane xoy and the ground. Here, we set three representative landing angles
 185 of 0° , 30° , and 60° , respectively. We also used the material properties of the models as
 186 shown in Table 1 (Rivera *et al.*, 2020).

187 Table 1. The material properties of the models

Elasticity modulus (GPa)	Poisson's ratio	Density (kg/m ³)	Initial velocity (m/s)
3	0.3	500	2.75

188 During collisions, both models can absorb energy through the elastic deformation,
 189 which convert the energy into the internal energy E_{in} . The internal energy of the models
 190 could be written as:

$$E_{in} = \sum_{i=1}^n \int_{v_i} f(\varepsilon_i) dv_i \quad (3)$$

191 where, $f(\varepsilon_i)$ and v_i are the strain energy density and the volume of an element of
 192 the model, and n is the total number of elements.

193

194 **3. Results and discussion**

195 **3.1. Energy absorption in falls**

196 The ladybirds (*C. septempunctata*, $m = 27.04 \pm 6.62$ mg, $n = 20$) that were falling
197 from a height of 50 cm could adjust their orientations during falling, enabling them to
198 land on the elytra in 80% of the cases, regardless of the initial orientation. In all events,
199 we could measure the sound of 60-70 dB caused by the collision of the elytra to the
200 ground. This sound, which is analogous to the noise generated by a car running at 65
201 km/h, may reflect the intensity of the collisions (Behzad *et al.*, 2007). However, the
202 ladybirds were not crashed to death by the impact force, which may suggest the
203 presence of an energy absorbing mechanism within the elytra. Considering that the part
204 at which the elytra collide to the ground may affect the energy absorption, we divided
205 the semi-ellipsoidal shell (an average length of $a = 7.08 \pm 6.62$ mm, width of $b = 5.25$
206 ± 0.49 mm, and height of $c = 3.14 \pm 0.54$ mm) formed by the two elytra into a projected
207 circle. We subdivided the projected circle into three ring-like regions, namely the inner,
208 central, and outer rings, to quantify the landing region (figure 3). The inner, central, and
209 outer rings are in concordance with the landing angles of 0° - 30° , 30° - 60° , 60° - 90° ,
210 respectively.

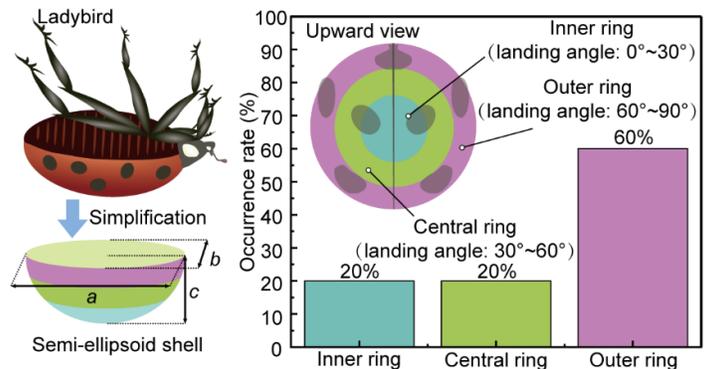


Figure 3. Diagram of impact regions. The inner ring, central ring, and outer ring on the elytra shell are shown in different colors. The probabilities of the ladybird landing on inner ring, central ring, and outer ring are 20%, 20%, and 60%, respectively.

211 After dropping 20 insects for 60 times, the probability of collisions in different
212 regions of the elytra was measured to be 20%, 20%, and 60% for the inner, central, and
213 outer rings, respectively (Supplementary Video S1). Figures 4a-4c show three typical
214 landing orientations with the landing angles of 0° , 30° , and 60° . We also noticed that

215 the elytra may open up and split on account of impact during landing on the inner ring
 216 (figure 4(d)). To quantify the opening of the elytra after a collision, we measured the
 217 splitting angle, which was defined as the angle between the elytra. Consequently, we
 218 categorized the fall into four cases: landing with closed elytra with collision in the inner
 219 ring (case 1), central ring (case 2), and outer ring (case 3), and landing with elytra
 220 splitting with collision in the inner ring (case 4).

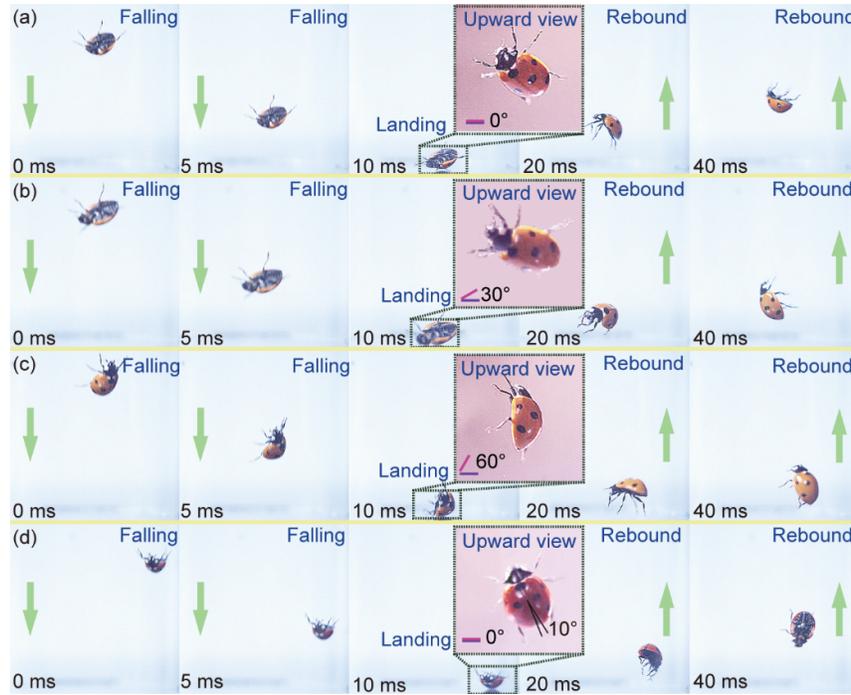


Figure 4. Snapshots of the falling insects. (a)-(c) Snapshots showing the different landing angles. (d) Snapshots showing elytra splitting under impact.

221 3.2. Kinematics of falls

222 To quantify the kinematics of falls, we measured the height, translational velocities
 223 and angular velocities of the ladybirds at 10 ms before and at 10 ms after collisions. For
 224 the cases in which the elytra showed no splitting (case 1-3), the heights were $29.17 \pm$
 225 0.51 mm, 28.65 ± 0.72 mm, and 29.49 ± 0.56 mm, respectively (figure 5(a)), and the
 226 translational velocities were 2.79 ± 0.09 m/s, 2.59 ± 0.09 m/s, and 2.76 ± 0.04 m/s
 227 (figure 5(b)). Both heights and velocities vary only slightly, which indicates that
 228 kinematics of falls are almost consistent between case 1-3, prior to collisions. In
 229 contrast, we found that the heights and velocities in the rebound were noticeably
 230 different. The rebound height was smaller in larger landing angles. Specifically, the

231 rebound height of the ladybirds when they landed on the inner ring (landing angle: 0°-
232 30°), was 15.41 ± 1.01 mm, which is only 3.08% of the initial height. This is about
233 twice the rebound height of the ladybirds that landed on the outer ring (landing angle:
234 60°-90°). The translational velocity in the rebound also decreased from a peak value of
235 1.06 ± 0.08 m/s when the ladybirds landed on the inner ring to 0.31 ± 0.06 m/s when
236 they landed on the outer ring. After landing, the ladybird bodies rapidly turned at an
237 angular velocity of 540.87 ± 24.84 rad/s when they landed on the outer ring, whereas
238 the angular velocities of the ladybirds landing on the central and inner rings were
239 smaller and equal to 427.50 ± 14.72 rad/s, and 305.25 ± 29.02 rad/s, respectively. The
240 observed rotations are likely due to the eccentric impact force generated at landing.

241 We found that the mechanical energy absorbed after landing were 68.46%, 57.46%,
242 and 59.15% for collisions on the inner, central, and the outer rings, respectively.
243 According to this, a ladybird landing on the inner ring is likely to absorb more impact
244 energy than others (figure 5(c)). Moreover, force plate recorded the peak forces as 37.09
245 ± 1.51 mN, 30.23 ± 0.37 mN, and 17.29 ± 0.71 mN for impacts on the inner, central,
246 and outer rings, respectively (figure 5(d)). Compared to landing on the outer ring, the
247 peak impact force exerted on the inner ring was 214.52% larger. This inserts a force
248 that is 14 times the ladybird body weight, and is likely to be the cause for the elytra
249 splitting. However, interestingly, when splitting took place upon the collision, the
250 rebound height, translational velocity, and angular velocity decreased to 9.09 ± 1.22
251 mm, 0.44 ± 0.02 m/s, and 139.50 ± 12.38 rad/s, respectively, compared to the closed
252 elytra landing on the inner ring. Taking this into account, the energy absorption with
253 the elytra splitting reached 93.16% of the initial mechanical energy. This suggests that
254 the elytra splitting can dissipate the energy that could otherwise damage the ladybird
255 body. The elytra splitting also reduced the impact force to 26.41 ± 1.76 mN, which is
256 71.21% of that generated in collisions when the elytra remain closed.

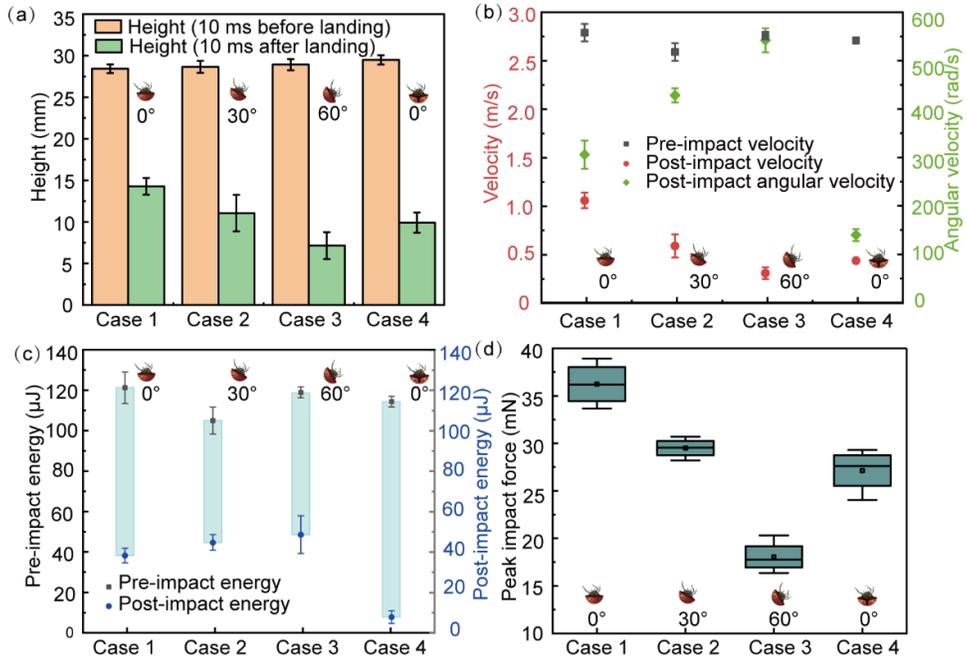


Figure 5. Kinematics of falls and impacts. (a) Height of the ladybirds from the ground. (b) Angular and translational velocities of the ladybirds before and after landing. (c) Energy absorption by the elytra during landing. (d) Peak impact force of the ladybird landing.

257 **3.3. The role of the morphology and structure on the energy absorption in falls**

258 To understand how the elytra splitting can increase the energy absorption in
 259 collisions, we developed a detailed model of the ladybird body, as shown in figure 6(a).
 260 The dome-like elytra are multi-layers structures, with an average thickness of $39.63 \pm$
 261 $1.01 \mu\text{m}$. The elytra are coupled to each other by the tenon ($35.89 \pm 1.61 \mu\text{m}$) that inserts
 262 into the mortise ($33.84 \pm 0.97 \mu\text{m}$) (figure 6(b)).

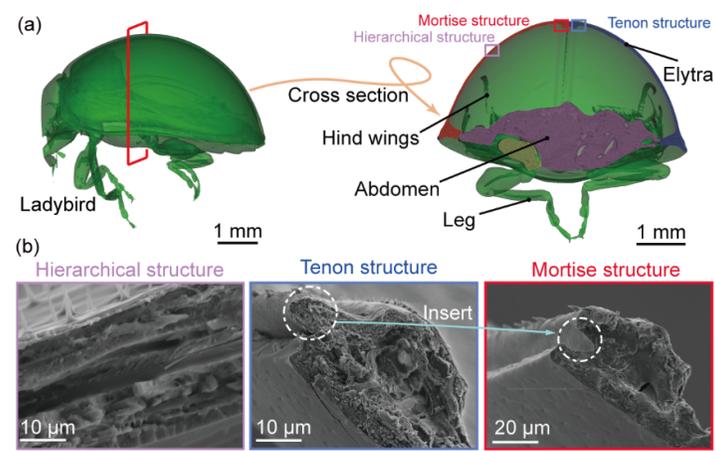


Figure 6. Morphology and microstructure of the ladybird elytra. (a) Micro-CT scans of a ladybird. (b) Scanning electron microscopy images of the elytra showing the structure of coupling.

263 Based on the geometry of the elytra, we proposed two comparative models to
264 investigate the role of coupling in energy absorption during collisions, as shown in
265 figure 7(a). A continuum model was presented as a quarter of a spherical shell with a
266 radius R of 1.5 mm and a thickness d of 40 μm . In contrast to that, we also developed a
267 split model that was identical to the continuum model, except that it was subdivided
268 into two equally sized parts, which were connected using a coupling structure. The
269 coupling structure was a simplified version of the real coupling, and had a semicircle
270 cross section with a radius of 20 μm (figure 7(a)).

271 Here, we compared the mechanical response of the models at the landing angle of
272 0° (figure 7(b), Supplementary Video S2). The numerical simulation of collision
273 includes three stages, as falling (1-2 in figure 7(b)), landing (2-3 in figure 7(b)), and
274 rebound (3-4 in figure 7(b)). For the continuum model, the changes of internal energy
275 can be subdivided into four phases (P_1 - P_4 in figure 7(c)). Before the model contacts the
276 ground, the internal energy of the model remains zero (P_1). During landing, the model
277 deforms and the internal energy increases to 1.64 μJ (P_2). With the recovery of the
278 elastic deformation, the model rebounds and its internal energy gradually declines to
279 0.07 μJ in P_3 . Considering that the influences of the air resistance and structural
280 damping were not considered in our simulations, in P_3 , the model vibrates with a
281 frequency of 7.48×10^5 rad/s.

282 The changes of the internal energy of the split model can be subdivided into five
283 phases (Q_1 - Q_5 in figure 7(c)). The internal energy of the split model in Q_1 and Q_2 are
284 the same as those of the continuum model in P_1 and P_2 , respectively, indicating that two
285 models have the same state in these two phases. However, the split model experienced
286 a larger deformation in phase Q_3 , causing that the internal energy of the model to
287 increase to 1.99 μJ . Hence, we suggest that the split model has an increased capacity to
288 absorb energy, in comparison to the continuum model, because of splitting.
289 Subsequently, with the release of elastic energy, the model also rebounds off the ground
290 in phase Q_4 , and vibrates with a frequency of 1.83×10^5 rad/s (Q_5). According to the
291 free vibration frequency of the models after rebounding off the ground, we used the
292 equation $K = \omega^2 m$ to measure the structural stiffness of the models. We discovered that

293 the stiffness of the continuum model is about 16.75 times that of the split model, which
294 can explain the larger deformation of split model upon collision. A larger deformation
295 induced by structural specificity, especially satisfying a range of specific physiological
296 demands, can be found in other organs of insects, such as dragonfly wings (Rajabi *et*
297 *al.*, 2015), and mosquito antennas (Saltin *et al.*, 2019).

298 The peak impact force of the split model is 66.67% of that of the continuum model
299 (figure 7(d)). This means that elytra splitting can reduce the risk of damage in collisions.
300 The increase in absorbed energy in the split model also reduces the rebound velocity
301 (figure 7(e)). The rebound velocity of the split model is only half of that of the
302 continuum model (1.35 m/s vs. 2.62m/s). This shows that the elytra splitting also
303 reduces the kinetic energy of a falling ladybird during rebounding.

304 Besides its positive impacts, the elytra splitting may also have negative effects.
305 The increased internal energy of the split model is accompanied by an increased level
306 of stress within the model. As seen in figure 7(f), the peak average stress of the split
307 model is 2.18 times that of the continuum model, which is caused by the comparatively
308 larger deformation of the model. However, it seems that the stress developed within the
309 split model is still too small to result in the failure of the material forming the elytra,
310 which has a strength of about 72 MPa (Rajabi *et al.*, 2017).

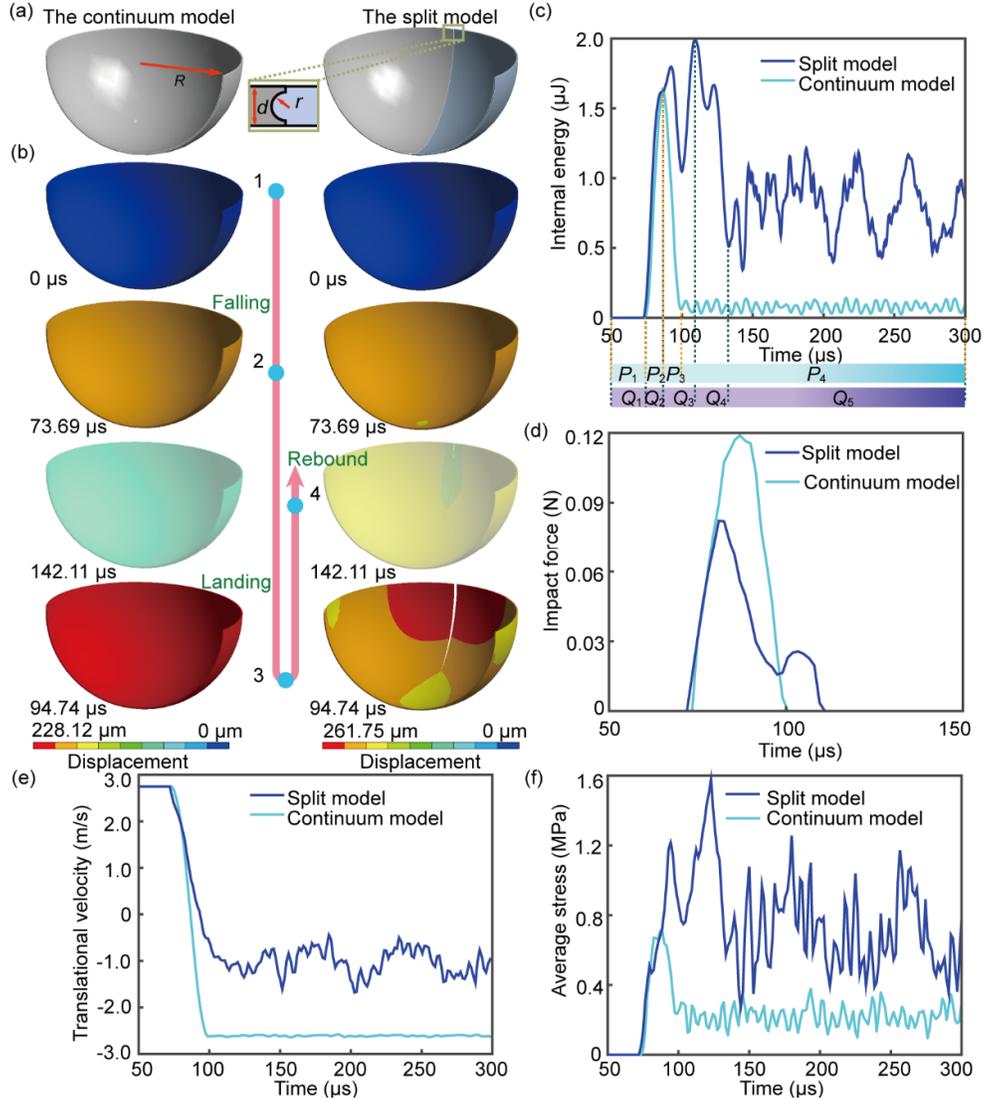


Figure 7. Numerical simulation of the mechanical behavior of the elytra in collisions. (a) The continuum and split models. R : radius of the spherical shell; d : the thickness of the shell; r : radius of the coupling. (b) Models reach the ground with a landing angle of 0° . Simulation of falls include three stages, as falling (1-2), landing (2-3), and rebound (3-4). (c) Comparison of the internal energy of the models. Falling of the continuum includes four phases. P_1 : falling; P_2 : elastic deformation during landing; P_3 : shape recovery during rebound; P_4 : free vibration. Falling of the split model includes five phases: Q_1 : falling; Q_2 : first elastic deformation during landing; Q_3 : second elastic deformation during landing; Q_4 : shape recovery during rebound; Q_5 : free vibration. (d-f) Comparison of the impact force, translational velocity and average stress of the models.

311 We further simulated the falls of the models with other landing angles (30° and
 312 60°) (figures 8(a)-(b)). The split model always exhibited a higher energy absorption
 313 capacity, which reduced both the peak impact force (at least by 25.36%) and rebound
 314 velocity (at least by 3.40%), as shown in Table 2. The peak average stress of the split

315 model was at most 1.2 times larger than the other model. These results are consistent
 316 with those obtained from the simulation of falls at 0° landing angle (figures 7(c)-(f)).
 317 Additionally, we also found that with the increase of the landing angle, both the peak
 318 impact force and rebound velocity of the model reduced without absorbing more energy.
 319 This means that the risk damage can be reduced by simply adjusting the landing angles
 320 without absorbing more impact energy. This may explain why the ladybirds often
 321 landed on the outer ring, although it remains unclear whether this adjustment is done
 322 by means of active or passive mechanisms.

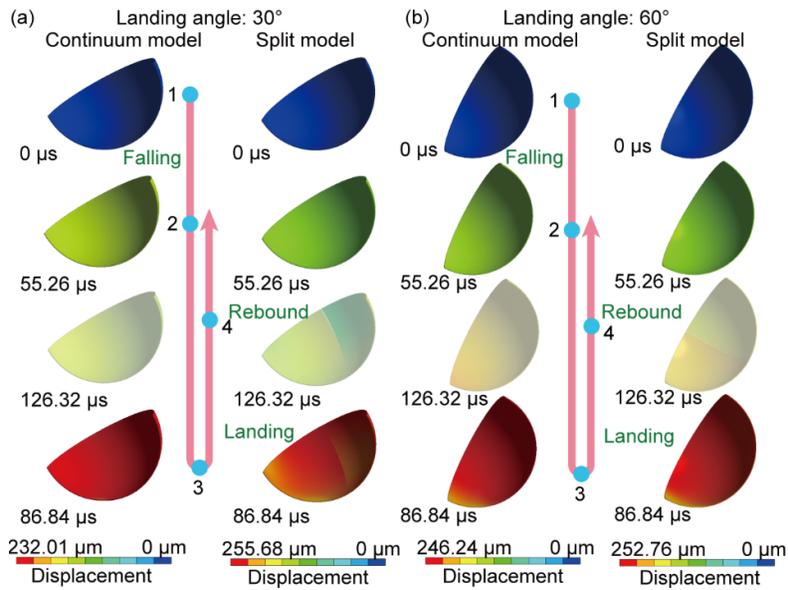


Figure 8. Numerical simulation of the falls in the landing angles of 30° and 60°.

323
 324

Table 2. Numerical simulation results of the models

Model type	Landing angle (deg)	Internal energy (μJ)	Peak impact force (mN)	Rebound velocity (m/s)	Peak average stress (MPa)
Continuum model	30	1.13	73.71	2.47	0.69
	60	0.97	47.48	2.06	0.73
Split model	30	1.70	55.02	2.24	0.83
	60	1.63	41.09	1.99	0.77

325 **3.4. Application**

326 To demonstrate the application of the energy absorption mechanism discovered in
 327 this study, we fabricated the comparative models by 3D printing. We dropped the
 328 models from a height of 2 cm without initial velocity, and measured the impact forces

329 generated in collisions by a force plate (figure 9(a)). The short dropping distance of 2
330 cm enabled us to always have the landing angle of 0° in the experiments. The impact
331 force of the continuum model is 1.72 ± 0.15 N, whereas that of the split model is 72.67%
332 of the former (1.25 ± 0.10 N) (figure 9(b), Supplementary Video S3). To test the
333 performance of the insect-inspired 3D printed models in real-world applications, we
334 attached them as landers to the arms of a quadcopter (JY03, BBS, China) with a weight
335 of ~ 0.2 kg (figure 9(c)). We let the quadcopter fly and then turned it off in a height of
336 26 cm above the ground to simulate a free-fall scenario (figures 9(d)-(e),
337 Supplementary Video S4). The selected height was selected as it enabled us to capture
338 the whole falling event within the frame of the camera. Similar to the results obtained
339 from testing of isolated models, the peak impact force of the quadcopter equipped with
340 3D printed split models was smaller than, and only 74.85% of, that of the quadcopter
341 equipped with 3D printed continuum models (figure 9(f)). The quadcopter equipped
342 with 3D printed split models also experienced a smaller rebound height, in comparison
343 to the quadcopter equipped with 3D printed continuum models (6.0 cm vs. 6.4 cm).
344 As a result, it also became stable in a shorter time than the quadcopter equipped with
345 3D printed continuum models (1.14 s vs. 1.67 s).

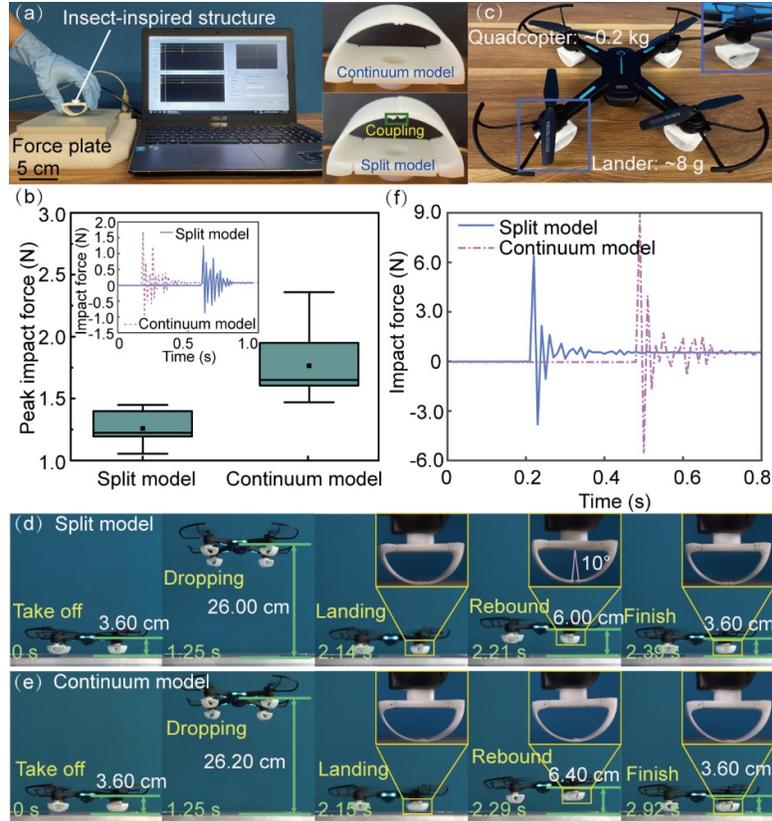


Figure 9. Insect-inspired 3D printed models in application. (a) Experimental setup. (b) The impact force of the split model (with coupling) and continuum model (without coupling) in falls. (c) A quadcopter equipped with four insect-inspired 3D printed models. (d)-(e) Comparison of the mechanical performance of the 3D printed split models and the 3D continuum models attached to the arms of a quadcopter. (f) Comparison of peak impact forces.

346

347 **4. Conclusion**

348 The results of our study suggest that elytra coupling may act as a mechanism to
 349 increase the energy absorption in intentional falls after encountering predators. This
 350 mechanism is achieved by the failure of the coupling upon excessive loads and may
 351 also exist in other beetle species. Three directions for future research seem particularly
 352 worth following. First, the intentional falls on the elytra may be achieved by the
 353 combined attitude regulation and in-flight maneuver (Zheng *et al.*, 2017), but there
 354 lacks extensive investigations on this problem. Second, comparative study of the
 355 mechanical behavior of the coupling mechanisms in insects that show a similar behavior
 356 can shed light on the diversity of this strategy. Third, detailed investigation of the
 357 specialized morphology and material properties of the coupling mechanism may inspire

358 the biomimetic design of insect-inspired energy absorption devices.

359

360 **Competing interests**

361 We declare we have no competing interests.

362

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368

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